

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, December 16, 2011

Homemade Soups Small \$3.75 Large \$4.75

French Onion Soup with Cheese Croutons—Vegetarian • Chinese Chicken Noodle Soup (Dairy Free) • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special Lamb Stew—Slow Braised Lamb with Pearl Onions, Kalamata Olives served Open Faced on French Bread with Fresh Grilled Vegetables \$10.25

Big Bowl Special Chicken Scallopini—Sautéed Boneless Chicken Breast Served over Rice Pilaf, Sautéed Spinach and Topped with Lemon Caper Demi Glaze \$10.25

Cliff's Diet Special Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables \$8.75

Cliff's Diet w/ Salmon Grilled Atlantic Salmon served with Brown Rice and Fresh Seasonal Vegetables \$11.75

Bountiful Fresh Salads

Greek Isle Salad Grilled Shrimp over Mesclun Greens, Cucumbers, Tomato, Artichoke Hearts, Calamata Olives, Grilled Asparagus, Feta Cheese & Tomato Basil Vinaigrette \$10.25

Southwest Caesar Blackened Chicken over Romaine Lettuce with Roasted Peppers, Artichoke Hearts, Fresh Avocado, Sun Dried Tomato, Parmesan Cheese, Croutons and Caesar Dressing \$10.25

Garden Tuna Salad Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette \$10.25

Chicken Mandarin Grilled Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette \$10.25

Gourmet Style Sandwiches

Low Fat Special Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat \$7.50

Steve Roast Beef Shaved Roast Beef With Onion, Lettuce and Roasted Peppers, Mayo on Rye Bread \$7.50

Friday Special All Vegetable: Lettuce, Tomato, Avocado, Cucumber, Roasted Pepper and Ranch Dressing on 12 Grain Bread \$6.75

Chicken Cranberry Grilled Chicken Breast with Cranberry Sauce, lettuce and Cucumber on 12 Grain Bread \$7.50

Salsa Chicken Wrap Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap \$7.50

Alpine Turkey Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread \$7.50

David's Wrap Chicken Cutlet with Hot Peppers, American Cheese and Mayo on a Wrap \$7.50

Big Fish Fresh Tuna Salad on Whole Wheat Bread \$6.75

Max Caesar Grilled Chicken Breast with Fresh Avocado, Romaine Lettuce and Caesar Dressing on a Wrap \$8.25

Warm Sandwich Specials

Chicken Cordon Blue Breaded Chicken Cutlet with Ham, Melted Swiss, Honey Mustard on a Portuguese Roll \$8.25

Turkey Rueben Turkey with Coleslaw, Melted American Cheese with Russian Dressing on a Rye Bread \$8.25

Buffalo Chicken BLT Wrap Buffalo Chicken Tender with Crumbled Blue Cheese, Crispy Bacon, Shredded Lettuce and Tomato on a Wrap \$8.25

<u>Daily Salads</u>	Small	Large	<u>Fruit Salad</u>	\$3.50 Small	\$6.75 Large
Caesar Salad	\$6.00	\$7.50	Soundview Trail Mix	\$2.95	
Garden Salad	\$6.00	\$7.50	Vita Water	\$2.50	
Salad Toppings (extra):		Grilled Chicken \$2.50 Tuna Salad \$2.50 Egg Salad \$2.50	Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50



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