

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, Nov. 22nd 2011

Homemade Soups Small \$3.75 Large \$4.75

Creamy Toscana Sausage Soup • Texas Vegetable Soup • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Steak and Bleu—Grilled Flank Steak Served over Mashed Potatoes, Roasted Vegetable Medley and Topped with Red Wine Sauce and Crumbled Bleu Cheese	\$10.25
Big Bowl Special	Chicken Saltimbocca—Boneless Chicken Breast Topped with Prosciutto, Provolone Cheese Served over Lemon Risotto, Sautéed Broccoli and Fresh Sage Brown Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Cliff's Diet w/Salmon	Grilled Atlantic Salmon served with Brown Rice and Fresh Seasonal Vegetables	\$11.75
Erik's Vegetarian Life	Quesadilla with Roasted Plum Tomatoes and Greens with Brown Rice, Mexican Cheeses and Black Beans, Served with Fresh Mango Salsa	\$8.75

Bountiful Fresh Salads

New England Salad	Diced White Meat Chicken Salad with Grapes, Walnuts & Maple Dressing over Romaine Lettuce, Topped with Chopped Bacon and Shredded Cheddar Cheese	\$10.25
Romaine Salad	Blackened Chicken over Romaine with Chick Peas, Carrots, Corn, Green Peas, Dried Cranberries, Crumbled Gorgonzola, Fresh Peppers and Honey Mustard Vinaigrette	\$10.25
Mango Pecan Salad	Grilled Shrimp over Mesclun Greens, Fresh Sliced Mango, Caramelized Pecans, Fresh Mozzarella Cheese, Cucumber and Balsamic Vinaigrette	\$10.25
Spinach & Gouda Salad	Grilled Chicken over Baby Spinach, Shaved Smoked Gouda Cheese, Bacon, Tomato, Cucumber, Shredded Carrots and Tomato Basil Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Peppercorn Turkey with Low Fat Alpine Lace Swiss, Mustard, Lettuce on 12 Grain	\$7.50
The French Connection	Boars Head Black forest Ham with Swiss Cheese and Mustard on Pretzel Bread	\$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Salt & Pepper on Rye Bread	\$7.50
David's Veggies	On a Hearty Bread with Organic Sprouts, Cucumber, White Cheddar, Lettuce and Spicy Mayo	\$6.75
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	\$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread	\$7.50
Turkey Cucumber	Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 8 Grain	\$7.50
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

Chicken Parmesan	Freshly Breaded Chicken Breast Cutlet with Melted Mozzarella and Marinara Sauce on a Wedge	\$8.25
Turkey Pesto	Turkey, Roasted Red Peppers, Tomato, Melted Provolone and Pesto Sauce in a Ciabatta Bread	\$8.25
Grilled Veg Wrap	Grilled Fresh Vegetable Medley, Fresh Mozzarella, Drizzled with Aged Balsamic Vinegar and Extra Virgin Olive Oil on a Spinach Wrap	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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