

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Thursday, Dec. 1st 2011

Homemade Soups Small \$3.75 Large \$4.75

Spinach, White Bean, & Fresh Tomato Soup • Manhattan Clam Chowder • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Fresh Stuffed Filet of Sole with Crabmeat over White and Wild Rice, served with Sauteéd Green Beans and topped with Sherry Lobster Cream Sauce	\$10.25
Big Bowl Special	Artichoke Crusted Chicken—Boneless Chicken Breast Crusted with Artichoke Parmesan Cheese Served with Cheese Tortellini, Braised Endive and Celery and Topped with a Light Lemon Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Cliff's Diet w/Salmon	Grilled Atlantic Salmon served with Brown Rice and Fresh Seasonal Vegetables	\$11.75
Erik's Vegetarian Life	Vegetarian Jambalaya—Classic New Orleans Style Jambalaya with Peppers, Onions, Mushrooms, Eggplant, Okra, Tomatoes, Zucchini with Rice and Beans	\$8.75

Bountiful Fresh Salads

Shrimp Santa Fe	Grilled Shrimp over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
Sonoma Spinach Salad	Grilled Chicken over Baby Spinach with Gorgonzola Cheese, Pine Nuts, Fresh Peppers, Tomato, Cucumber and Tomato Basil Vinaigrette	\$10.25
Garden Mesclun	Blackened Chicken over Mesclun Greens, Cucumber, Fresh Mozzarella, Fresh Peppers, Shredded Carrots and Honey Mustard Vinaigrette	\$10.25
Chef Salad	Boars Head Turkey, Ham, Cheddar Cheese over Romaine Lettuce with Carrots, Cucumber, Hard Boiled Egg and Russian Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Low Calorie Tuna Vinaigrette in Whole Wheat Bread with Lettuce and Tomato	\$6.75
Classic BLT	Crispy Bacon with Iceberg Lettuce, Local Grown Tomatoes, Mayo in a Toasted White Bread	\$7.50
Blackened Chicken Wrap	Blackened Chicken Breast with Fire Roasted Tomato Salsa, Brown Rice in a Wrap	\$8.25
Summer Heat	American Combo-Ham, Turkey, Roast Beef with Lettuce, Tomato, American Cheese and Sundried Tomato Mayo on a Roll	\$8.25
Chicken Salad Crispy	Fresh Chicken Salad with Crispy Bacon on a Walnut Raisin Bread	\$7.50
Hummus	On Hearty Bread with Organic Sprout, Lettuce, Tomato and Cucumber	\$6.75
Corned Beef	On Rye Bread with Russian Dressing, Coleslaw and Swiss Cheese	\$7.50
Turkey Pita	Fresh Roasted Turkey with Crispy Bacon, Lettuce, Tomato and Honey Mustard Sauce	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Americana	Freshly Breaded Chicken Breast Cutlet, Smothered with Melted American, Hot Peppers, Mayo on a Wedge	\$8.25
California Wrap	Grilled Chicken Breast with Melted American Cheese, Lettuce, Tomato and Honey Mustard Sauce on a Wrap	\$8.25
Beer Braised Bratwurst	With Sauerkraut and Brown Mustard on a Toasted Wedge	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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