

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, Nov. 1st 2011

Homemade Soups

Small \$3.75 Large \$4.75

- Beef and Cabbage Soup
- Vegetable Minestrone Soup
- Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Chipotle Marinated Flank Steak Topped with a Cilantro Cream Sauce Served over Herb Rice and Fresh Sautéed Green Beans	\$10.25
Big Bowl Special	Chicken Cordon Bleu-Fresh Stuffed Chicken Breast with Ham & Swiss Cheese Lightly Breaded Served over Rice Pilaf, Sautéed Broccoli Rabe and Topped with Veloute Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Cliff's Diet w/ Salmon	Grilled Atlantic Salmon served with Brown Rice and Fresh Seasonal Vegetables	\$11.75
Erik's Vegetarian Life	Vegetarian Jambalaya—Classic New Orleans Style Jambalaya with Peppers, Onions, Mushrooms, Eggplant, Okra, Tomatoes, Zucchini with Rice and Beans	\$8.75

Bountiful Fresh Salads

Italian Chicken Arugula Salad	Grilled Chicken Breast with Fresh Mozzarella, Prosciutto, Fresh Peppers, Grape Tomatoes over Arugula Salad with David's Dijon Balsamic Vinaigrette	\$10.25
Capri Salad	Grilled Shrimp over Mesclun Greens with Fresh Mozzarella, Roasted Peppers, Artichoke Hearts, Tomato, Black Olives, Croutons and Balsamic Vinaigrette	\$10.25
Blackened Tropical Salad	Blackened Chicken over Romaine Lettuce, Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Toasted Almonds, Cucumber and Honey Mustard Vinaigrette	\$10.25
Greek Salad	Grilled Chicken over Romaine Lettuce, Pitted Calamata Olives, Pepperoncini, Red Onions, Feta Cheese, Tomato, Peppers, Cucumber and Tomato Basil Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Peppercorn Turkey with Low Fat Alpine Lace Swiss, Mustard, Lettuce on 12 Grain	\$7.50
The French Connection	Boars Head Black Forest Ham with Swiss Cheese and Mustard on Pretzel Bread	\$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Salt & Pepper on Rye Bread	\$7.50
David's Veggies	On a Hearty Bread with Sliced Avocado, Organic Sprouts, Cucumber, White Cheddar, Lettuce and Spicy Mayo	\$6.75
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	\$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread	\$7.50
Turkey Cucumber	Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 8 Grain	\$7.50
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

BBQ Chicken Quesadilla	BBQ Chicken Breast with Corn, Black Beans, Scallions & Mexican Cheeses in a Flour Tortilla and a side of Sour Cream and Salsa	\$8.75
Steak & Cheese	Hot Roast Beef, Melted Swiss Cheese, Sautéed Onions and Peppers on a Wedge	\$8.25
Grilled Veg Wrap	Grilled Fresh Vegetable Medley, Fresh Mozzarella, Drizzled with Aged Balsamic Vinegar and Extra Virgin Olive Oil on a Spinach Wrap	\$8.25
Fish Sandwich	Baked White Fish Filet with Tartar Sauce, Lettuce and Tomato on a Hard Roll	\$8.25

Daily Salads

Caesar Salad	Small \$6.00	Large \$7.50
Garden Salad	Small \$6.00	Large \$7.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix

\$2.95

Vita Water

\$2.50

Salad Toppings (extra):

Grilled Chicken	\$2.50
Tuna Salad	\$2.50
Egg Salad	\$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side

\$7.50



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