

# David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, Sept 30<sup>th</sup> 2011

## Homemade Soups Small \$3.75 Large \$4.75

Vegetable Minestrone Soup

Beef Noodle Soup

• Bowl of Chili with Mexican Cheeses

## Delicious Hot Entree Specials

<b>Chef Special</b>	Emeril's Spicy Meatloaf Topped with Chipotle Pepper Sauce Served with Mashed Potatoes and Fresh Seasonal Vegetables	\$10.25
<b>Big Bowl Special</b>	Fresh Stuffed Boneless Chicken Breast with Asparagus and Bell Peppers Served over Lemon Risotto, Sautéed Spinach and Topped with Roasted Red Pepper Coulish	\$10.25
<b>Cliff's Diet Special</b>	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

## Bountiful Fresh Salads

<b>Greek Isle Salad</b>	Grilled Shrimp over Mesclun Greens, Cucumbers, Tomato, Artichoke Hearts, Calamata Olives, Grilled Asparagus, Feta Cheese & Tomato Basil Vinaigrette	\$10.25
<b>Southwest Caesar</b>	Blackened Chicken over Romaine Lettuce with Roasted Peppers, Artichoke Hearts, Fresh Avocado, Sun Dried Tomato, Parmesan Cheese, Croutons and Caesar Dressing	\$10.25
<b>Garden Tuna Salad</b>	Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette	\$10.25
<b>Chicken Mandarin</b>	Grilled Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette	\$10.25

## Gourmet Style Sandwiches

<b>Low Fat Special</b>	Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat	\$7.50
<b>Steve Roast Beef</b>	Shaved Roast Beef With Onion, Lettuce and Roasted Peppers, Mayo on Rye Bread	\$7.50
<b>Friday Special</b>	All Vegetable: Lettuce, Tomato, Avocado, Cucumber, Roasted Pepper and Ranch Dressing on 12 Grain Bread	\$6.75
<b>Chicken Cranberry</b>	Grilled Chicken Breast with Cranberry Sauce, lettuce and Cucumber on 12 Grain Bread	\$7.50
<b>Salsa Chicken Wrap</b>	Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap	\$7.50
<b>Alpine Turkey</b>	Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread	\$7.50
<b>David's Wrap</b>	Chicken Cutlet with Hot Peppers, American Cheese and Mayo on a Wrap	\$7.50
<b>Big Fish</b>	Fresh Tuna Salad on Whole Wheat Bread	\$6.75
<b>Max Caesar</b>	Grilled Chicken Breast with Fresh Avocado, Romaine Lettuce and Caesar Dressing on a Wrap	\$8.25

## Warm Sandwich Specials

<b>Italian Grilled Cheese</b>	Melted Mozzarella, Genoa Salami, Roasted Red Peppers, Tomato and Fresh Basil on Grilled Rustic Italian Bread	\$8.25
<b>Turkey Rueben</b>	Turkey with Coleslaw, Melted American Cheese with Russian Dressing on a Rye Bread	\$8.25
<b>Honey Mustard Chicken</b>	Grilled Chicken Breast with Honey Mustard Sauce, Lettuce, Tomato on a Toasted Wedge	\$8.25

## Daily Salads

Caesar Salad	Small \$6.00 Large \$7.50	<b>Fruit Salad</b>	\$3.50 Small \$6.75 Large
Garden Salad	Small \$6.00 Large \$7.50	<b>Soundview Trail Mix</b>	\$2.95
<b>Salad Toppings (extra):</b>	Grilled Chicken \$2.50 Tuna Salad \$2.50 Egg Salad \$2.50	<b>Vita Water</b>	\$2.50
		<b>Fall Fever</b>	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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