

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, August 30th 2011

Homemade Soups Small \$3.75 Large \$4.75

Red Lentil and Vegetable Soup with Lemon • Chicken Florentine • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Lamb Stew—Slow Braised Lamb with Pearl Onions, Celery, Carrots and Kalamata Olive Served Open Faced on French Bread with Fresh Roasted Vegetables	\$10.25
Big Bowl Special	Balsamic Marinated Grilled Chicken Breast Served over White and Wild Rice, Sautéed Greens Beans and Topped with Roasted Tomato Basil Chutney	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Erik's Vegetarian Life	Gemelli Pasta Sautéed in Olive Oil with Garlic, Red Kidney Beans, Vegetables Broth and Tossed with Tuscan Kale and Finished with Asiago Cheese. One of our Classics.	\$8.75

Bountiful Fresh Salads

Salad of the Day	Grilled Chicken over Mesclun Greens with Fresh Marinated Beets, Bacon, Carrots, Chick Peas, Hard Boiled Eggs and Balsamic Vinaigrette	\$10.25
Santa Fe Chicken	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper jack Cheese and Balsamic Vinaigrette	\$10.25
Baby Spinach Salad	Grilled Chicken over Baby Spinach with Grated Smoked Gouda Cheese, Artichoke Hearts, Toasted Pine Nuts, Chick Peas, Cucumber and Tomato Basil Vinaigrette	\$10.25
Shrimp Caesar	Grilled Shrimp over Romaine with Sautéed Portobello Mushrooms, Oven Dried Tomato, Grated Parmesan Cheese, Fresh Croutons and Caesar Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Alpine Turkey Breast with Lettuce, Low Fat Alpine Lace Swiss, Mustard on 12 Grain	\$7.50
TBLT	Roasted Turkey with Crispy Bacon, Lettuce, Tomato on 12 Grain Toast	\$7.50
The Sea Server	Fresh Tuna Salad With Lettuce on a Toasted Pretzel Bread	\$6.75
Classic Grilled Chicken Sandwich	Thinly Sliced Marinated Open Flamed Grilled Chicken Breast with Lettuce, Honey Mustard Sauce on a Portuguese Roll	\$7.50
Hearty Egg Salad	With Lettuce and Tomato on a Hearty Bread	\$6.75
California Turkey	Boars Head Turkey Breast with Monterey Jack Cheese, Honey Mustard on 12 Grain	\$7.50
Black Forest Ham	Boars Head Black Forest Ham on a Portuguese Roll with Lettuce, Tomato, Honey Mustard and Swiss Cheese	\$7.50
Hummus	With Sprouts, Tomato and Cucumber on a Hearty Bread	\$6.75
Home Style Chicken Salad	With Lettuce on a Walnut Raisin Bread	\$7.50
The Westport	Roast Beef with Coleslaw and Russian Dressing on a Roll	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Chicken Parmesan	Freshly Breaded Chicken Breast Cutlet with Melted Mozzarella and Marinara Sauce on a Wedge	\$8.25
Garden Burger Wrap	With Melted Alpine Lace Swiss, Lettuce, Tomato, Honey Mustard on a Wrap	\$8.25
Country Grilled Panini	Grilled Chicken with Baby Spinach, Melted Fresh Mozzarella, Roasted Peppers, Sun Dried Tomato, Lemon Herb Mayo on a Panini Bread	\$8.25
Steak Quesadilla	Mexican Grilled Steak with Corn, Black Beans, Scallions & Mexican Cheeses in a Flour Tortilla and a side of Sour Cream and Salsa	\$8.75

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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P: 203.324.5724

www.davidscatering.com

events@davidscatering.com