

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Wednesday, Aug. 31st 2011

Homemade Soups

Small \$3.75 Large \$4.75

Beef Noodle Soup

• Fresh Tomato and Vegetable Soup
with Israel Cous Cous

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Blackened Atlantic Salmon Filet Topped with Soundview's Mango Salsa Served over Steamed White Rice and Sautéed Spinach	\$10.25
Big Bowl Special	Artichoke Crusted Chicken—Boneless Chicken Breast Crusted with Artichoke Hearts and Parmesan Cheese Served over Cheese Tortellini and Sautéed Zucchini Squash and Topped with Mustard Chive Cream Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Erik's Vegetarian Life	Fusilli Pasta Tossed with Goat Cheese, Figs, Currants and Pumpkin Seeds Served with Sautéed Spinach	\$8.75

Bountiful Fresh Salads

Spinach Cobb Salad	Grilled Chicken over Baby Spinach, Crumbled Bleu Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Egg and Tomato Basil Vinaigrette	\$10.25
Fall Mesclun Salad	Grilled Shrimp over Mesclun Greens with Dried Cranberries, Toasted Walnuts, Cucumber, Fresh Mozzarella, Fresh Pear Slices and Balsamic Vinaigrette	\$10.25
Caesar Special	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Fresh Avocado, Tomato, Cucumber, Croutons, Parmesan Cheese and Caesar Dressing	\$10.25
Tropical Salad	Grilled Chicken over Romaine Lettuce, Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Toasted Almonds, Cucumber and Honey Mustard Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Black Forest Ham & Cheddar with Mustard on Whole Wheat Bread	\$7.50
The Italian Combo	Ham, Salami, Provolone Cheese, Lettuce, Hot Peppers, Oil & Vinegar in a Baguette	\$8.25
Boars Head Buffalo Chicken Wrap	With Blue Cheese Dressing, Lettuce and Tomato on a Wrap	\$7.50
Ronald's Chicken Curry	Chunks of White Meat Chicken Tossed with Celery, Raisins, Almonds & Special Curry Dressing with Spinach on a Wrap	\$6.75
The Veggie	Lettuce, Tomato, Cucumber, Roasted Red Peppers, Honey Mustard on 12 Grain Bread	\$6.75
Turkey Cranberry	Boars Head Turkey with Cucumber, Cranberry Sauce and Lettuce on 12 Grain Bread	\$7.50
Join the Club	Roasted Turkey Breast with Crispy Bacon, Brie Cheese, Lettuce, Tomato and Mayo in a Wrap	\$7.50
Roast Beef & Brie Wrap	Shaved Roast Beef with Brie Cheese, Lettuce and Mayo in a Wrap	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Smoked BBQ Chicken Wrap	Grilled Chicken Breast with Smokey BBQ Sauce, Shredded Coleslaw and Melted Cheddar Cheese on a Wrap	\$8.25
Italian Chicken Wrap	Chicken Cutlet with Sliced Prosciutto, Melted Provolone, Lettuce, Tomato, Hot Peppers, Pesto Mayo on a Wrap	\$8.25
Steak & Cheese	Shaved Hot Freshly Roasted Beef, Melted Swiss Cheese, Sautéed Onions, Mushrooms, & Peppers on a Wedge	\$8.25

Daily Salads

Caesar Salad	Small \$6.00 Large \$7.50	Fruit Salad	\$3.50 Small \$6.75 Large
Garden Salad	Small \$6.00 Large \$7.50	Soundview Trail Mix	\$2.95
Salad Toppings (extra):	Grilled Chicken \$2.50 Tuna Salad \$2.50 Egg Salad \$2.50	Vita Water	\$2.50
		Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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