

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, August 26th 2011

Homemade Soups

Small \$3.75

Large \$4.75

Garden Vegetable Soup with Tomato Broth

• Ham, Barley and Bean Soup

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Dijonaise Pork Chops Served over Roasted Red Bliss Potatoes, served with Sautéed Zucchini and Squash and topped with Dijon Cream Sauce	\$10.25
Big Bowl Special	BBQ Marinated Grilled Chicken Breast Served over White and Wild Rice, served with Grilled Asparagus and topped with our own BBQ Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Chicken Mandarin	Blackened Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Toasted Almonds, Sliced Red Onions, Cucumber and Honey Mustard Vinaigrette	\$10.25
Cos Cobb Salad	Grilled Chicken over Romaine Lettuce with Crumbled Blue Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Eggs and Tomato Basil Vinaigrette	\$10.25
Mesclun Shrimp	Grilled Shrimp over Mesclun Greens, Roasted Peppers, Artichoke Hearts, Cucumber, Fresh Mozzarella, Chick Peas with Tomato Basil Vinaigrette	\$10.25
Garden Tuna Salad	Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat	\$7.50
Steve Roast Beef	Shaved Roast Beef With Onion, Lettuce and Roasted Peppers, Mayo on Rye Bread	\$7.50
Friday Special	All Vegetable: Lettuce, Tomato, Avocado, Cucumber, Roasted Pepper and Ranch Dressing on 12 Grain Bread	\$6.75
Chicken Cranberry	Grilled Chicken Breast with Cranberry Sauce, lettuce and Cucumber on 12 Grain Bread	\$7.50
Salsa Chicken Wrap	Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap	\$7.50
Alpine Turkey	Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread	\$7.50
David's Wrap	Chicken Cutlet with Hot Peppers, American Cheese and Mayo on a Wrap	\$7.50
Big Fish	Fresh Tuna Salad on Whole Wheat Bread	\$6.75
Max Caesar	Grilled Chicken Breast with Fresh Avocado, Romaine Lettuce and Caesar Dressing on a Wrap	\$8.25

Warm Sandwich Specials

Panini Special	Sliced Grilled Chicken Breast with Pesto Mayo, Fresh Mozzarella and Fire Roasted Red Pepper on a Grilled Tuscan Bread	\$8.25
Roast Beef Gravy	Shaved Roast Beef with Melted Mozzarella Cheese on Garlic Toasted Wedge	\$8.25
The Baja Wrap	Fresh Breaded Chicken Cutlet with Sliced Avocado, Shredded Lettuce and Tomato, Chipotle Mayo in a Wrap	\$8.25

Daily Salads

Small

Large

Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

\$3.50 Small

\$6.75 Large

Soundview Trail Mix

\$2.95

Vita Water

\$2.50

Salad Toppings (extra):

Grilled Chicken	\$2.50
Tuna Salad	\$2.50
Egg Salad	\$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side

\$7.50



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