

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, July 26th 2011

Homemade Soups Small \$3.75 Large \$4.75

- Sweet Spring Corn Soup
- Tomato, White Beans and Beef Soup
- Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Steak Teriyaki—Marinated Grilled Flank Steak Served over Jasmine Rice, Asian Vegetables and Topped with Pineapple Salsa and our own Teriyaki Sauce	\$10.25
Big Bowl Special	Rosemary Marinated Grilled Chicken Breast Topped with Orange Cranberry Sauce Served over Rice Pilaf and Fresh Roasted Vegetable Medley	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Erik's Vegetarian Life	Cavatelli with Sundried Tomato, Tuscan Kale, White Beans, Caramelized Onions, Vegetable Broth and Fontina Cheese	\$8.75

Bountiful Fresh Salads

Soundview Mesclun	Grilled Chicken over Mesclun Greens with Dried Cranberries, Toasted Pine Nuts, Jicama, Crumbled Goat Cheese, Steamed Asparagus and Tomato Basil Vinaigrette	\$10.25
Tropical Shrimp	Grilled Shrimp over Mesclun Greens with Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Lo Mein Noodles, Cucumber and Balsamic Vinaigrette	\$10.25
Chicken Mandarin	Blackened Chicken over Romaine with Mandarin Oranges Sections, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette	\$10.25
Flaked Tuna Salad	Flaked Tuna over Romaine Lettuce with Snow Peas, Peppers, Tomato and Cucumber with Asian Sesame Ginger Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Peppercorn Turkey with Low Fat Alpine Lace Swiss, Mustard, Lettuce on 12 Grain	\$7.50
The French Connection	Boars Head Black Forest Ham with Swiss Cheese and Mustard on Pretzel Bread	\$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Salt & Pepper on Rye Bread	\$7.50
David's Veggies	On a Hearty Bread with Organic Sprouts, Cucumber, White Cheddar, Lettuce and Spicy Mayo	\$6.75
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	\$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread	\$7.50
Turkey Cucumber	Fresh Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 12 Grain	\$7.50
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

Greek Panini	Grilled Chicken with Feta Cheese, Spinach, Roasted Red Peppers and Sundried Tomato on Grilled Tuscan Bread	\$8.25
Pork Carnitas Quesadilla	Pork Carnitas with Corn, Black Beans, Scallions & Mexican Cheeses in a Flour Tortilla and a side of Sour Cream and Salsa	\$8.75
Southwest Shrimp Wrap	Blackened Shrimp, Yellow Rice, Fresh Guacamole, Black Beans, Melted Jack & Cheddar Cheese, Homemade Salsa on a Wrap	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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