

# David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Monday, July 25<sup>th</sup> 2011

## Homemade Soups

Small \$3.75 Large \$4.75

Potato Leek Soup

• Chinese Chicken Noodle Soup

• Bowl of Chili with Mexican Cheeses

## Delicious Hot Entree Specials

<b>Chef Special</b>	Tortilla Lime Crusted Salmon Filet Topped with Tequila Lime Buerre Blanc Served over Steamed White Rice and Sautéed Spinach	\$10.25
<b>Big Bowl Special</b>	Monterey Chicken—Marinated Grilled Chicken Breast Topped with Pepper jack Cheese and Chipotle Sauce Served with Chorizo Spanish Rice and Sautéed Corn and Peppers	\$10.25
<b>Cliff's Diet Special</b>	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
<b>Erik's Vegetarian Life</b>	Sweet Potato Pancakes—Pancake made with Sweet Potato and Scallions Topped with Goat Cheese and Served with Roasted Cauliflower, Fennel and Sautéed Spinach	\$8.75

## Bountiful Fresh Salads

<b>Santa Fe Chicken</b>	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper jack Cheese and Balsamic Vinaigrette	\$10.25
<b>Spinach Salad</b>	Grilled Chicken over Baby Spinach with Crispy Bacon, Fresh Croutons, Hard Boiled Egg, Fresh Tomato, Cucumber and Tomato Basil Vinaigrette	\$10.25
<b>Mango Pecan Salad</b>	Grilled Shrimp over Mesclun Greens, Fresh Sliced Mango, Cucumber, Caramelized Pecans, Fresh Mozzarella and Balsamic Vinaigrette	\$10.25
<b>The Sicilian Caesar</b>	Grilled Chicken over Romaine with Sweet & Hot Peppers, Olives, Portobello Mushrooms, Roasted Tomato, Parmesan Cheese, Croutons and Caesar Dressing	\$10.25

## Gourmet Style Sandwiches

<b>Low Fat Special</b>	Alpine Turkey Breast with Lettuce, Low Fat Alpine Lace Swiss, Mustard on 12 Grain	\$7.50
<b>TBLT</b>	Roasted Turkey with Crispy Bacon, Lettuce, Tomato on 12 Grain Toast	\$7.50
<b>The Sea Server</b>	Fresh Tuna Salad With Lettuce on a Toasted Pretzel Bread	\$6.75
<b>Classic Grilled Chicken Sandwich</b>	Thinly Sliced Marinated Open Flamed Grilled Chicken Breast with Lettuce, Honey Mustard Sauce on a Portuguese Roll	\$7.50
<b>Hearty Egg Salad</b>	With Lettuce and Tomato on a Hearty Bread	\$6.75
<b>California Turkey</b>	Boars Head Turkey Breast with Monterey Jack Cheese, Honey Mustard on 12 Grain	\$7.50
<b>Black Forest Ham</b>	Boars Head Black Forest Ham on a Portuguese Roll with Lettuce, Tomato, Honey Mustard and Swiss Cheese	\$7.50
<b>Hummus</b>	With Sprouts, Tomato and Cucumber on a Hearty Bread	\$6.75
<b>Home Style Chicken Salad</b>	With Lettuce on a Walnut Raisin Bread	\$7.50
<b>The Westport</b>	Roast Beef with Coleslaw and Russian Dressing on a Roll	\$7.50
<b>Chicken Caesar Wrap</b>	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

## Warm Sandwich Specials

<b>Tuscan Chicken Wrap</b>	Grilled Chicken with Grilled Zucchini, Squash, Red Peppers, Asparagus, Fresh Mozzarella and Pesto on a Wrap	\$8.25
<b>Steak Sandwich</b>	Grilled Steak Served Open Faced with Sautéed Onions & Mushrooms Topped with Melted Bleu Cheese on a Toasted Garlic Wedge	\$8.25
<b>Garden Burger Wrap</b>	Vegetarian Burger with Melted Alpine Lace Swiss, Lettuce, Tomato and Honey Mustard Sauce on a Wrap	\$8.25
<b>Cheddar Chicken</b>	Chicken Cutlet with Bacon, Melted Cheddar Cheese, Lettuce, Tomato, Mayo on a Roll	\$8.25

## Daily Salads

	<b>Small</b>	<b>Large</b>
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

## Fruit Salad

	\$3.50 Small	\$6.75 Large
<b>Soundview Trail Mix</b>	\$2.95	
<b>Vita Water</b>	\$2.50	

## **Salad Toppings (extra):**

Grilled Chicken	\$2.50
Tuna Salad	\$2.50
Egg Salad	\$2.50

## **Fall Fever**

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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