

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Thursday, April 21st 2011

Homemade Soups

Small \$3.75 Large \$4.75

Spicy Bean Soup

• Seafood Chowder

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Fresh Oven Roasted BBQ Pork Loin Served over Roasted Red Bliss Potatoes, Sautéed Corn and Peppers and Topped with Home-style BBQ Sauce	\$10.25
Big Bowl Special	Sautéed Boneless Chicken Breast with Roasted Peppers, Grilled Tomatoes and Fresh Mozzarella Served over Rice Pilaf and Sautéed Spinach and Topped with Light Lemon Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Erik's Vegetarian	Breakfast for Lunch: Carrot and Zucchini Cornbread Waffles with Pomegranate Honey Served with Sautéed Mixed Greens and Scrambled Tofu	\$8.75

Bountiful Fresh Salads

Santa Fe Chicken	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
Salad of the Day	Grilled Chicken over Romaine Lettuce, Broccoli, Baby Carrots, Fresh Peppers, Tomato, Cucumber, Fresh Croutons and Tomato Basil Vinaigrette	\$10.25
Sedona Salad	Grilled Shrimp over Mesclun Greens with Fresh Sliced Mango, Black Beans, Gorgonzola Cheese, Tomato, Cucumber and Balsamic Vinaigrette	\$10.25
Steak Caesar	Grilled Steak over Romaine with Sautéed Portobello Mushrooms, Oven Dried Tomato, Grated Parmesan Cheese, Fresh Croutons and Caesar Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Low Calorie Tuna Vinaigrette in Whole Wheat Bread with Lettuce and Tomato	\$6.75
Classic BLT	Crispy Bacon with Iceberg Lettuce, Local Grown Tomatoes, Mayo in a Toasted White Bread	\$7.50
Blackened Chicken Wrap	Blackened Chicken Breast with Fire Roasted Tomato Salsa, Brown Rice in a Wrap	\$8.25
Summer Heat	American Combo-Ham, Turkey, Roast Beef with Lettuce, Tomato, American Cheese and Sundried Tomato Mayo on a Roll	\$8.25
Chicken Salad Crispy	Fresh Chicken Salad with Crispy Bacon on a Walnut Raisin Bread	\$7.50
Hummus	On a Hearty Bread with Lettuce, Tomato and Cucumber	\$6.75
Corned Beef	On Rye Bread with Russian Dressing, Coleslaw and Swiss Cheese	\$7.50
Turkey Pita	Fresh Roasted Turkey with Crispy Bacon, Lettuce, Tomato and Honey Mustard Sauce	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Catch of the Day	Blackened Catfish with Lettuce, Tomato and Lemon Cilantro Mayo in a Whole Wheat Wrap	\$8.25
The Brisket	Shaved Brisket with Brown Mustard, Caramelized Onions, Grilled Tomato on a Hard Roll and Served with Sweet Potato Fries	\$8.25
Chicken Arugula Wrap	Grilled Chicken Breast with Fresh Mozzarella, Fresh Arugula, Roasted Peppers and Drizzled with Aged Balsamic and Olive Oil on a Wrap	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix

\$2.95

Vita Water

\$2.50

Salad Toppings (extra):

Grilled Chicken \$2.50
Tuna Salad \$2.50
Egg Salad \$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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