

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Wednesday, April 20th 2011

Homemade Soups

Small \$3.75 Large \$4.75

Beef Noodle Soup

• Cream of Spinach

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Rainbow Stir Fry—Sautéed Beef Strips with Onions and Tricolor Peppers Served over Jasmine Rice and Fresh Steamed Broccoli	\$10.25
Big Bowl Special	Chicken Francaise Served over Spinach Fettuccini Pasta, Sautéed Green Beans and White Wine Lemon Butter Sauce	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Erik's Vegetarian Life	Cous Cous with Cashews, Curry Seasonings, Currents, Red Peppers and Bok Choy Sautéed with Thai Basil Served with Grilled Flat Bread	\$8.75

Bountiful Fresh Salads

Tropical Salad	Grilled Chicken over Mesclun Greens with Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Toasted Almonds, Cucumber and Honey Mustard Vinaigrette	\$10.25
Shrimp & Romaine	Grilled Shrimp over Romaine Lettuce with Grape Tomatoes, Sliced Cucumbers, Fresh Croutons, Grated Parmesan Cheese and Balsamic Vinaigrette	\$10.25
Country Salad	Grilled Chicken over Mesclun, Roasted Peppers, Artichokes Hearts, Portobello Mushrooms, Sun Dried Tomato, Fresh Mozzarella, Croutons, Tomato Basil Vinaigrette	\$10.25
Caesar Special	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Fresh Avocado, Tomato, Cucumber, Croutons, Parmesan Cheese and Caesar Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Black Forest Ham & Cheddar with Mustard on Whole Wheat Bread	\$7.50
The Italian Combo	Ham, Salami, Provolone Cheese, Lettuce, Hot Peppers, Oil & Vinegar in a Baguette	\$8.25
Boars Head Buffalo Chicken Wrap	With Blue Cheese Dressing, Lettuce and Tomato on a Wrap	\$7.50
Ronald's Chicken Curry	Chunks of White Meat Chicken Tossed with Celery, Raisins, Almonds & Special Curry Dressing with Spinach on a Wrap	\$6.75
The Veggie	Lettuce, Tomato, Cucumber, Fresh Avocado, Roasted Red Peppers, Honey Mustard on 12 Grain Bread	\$6.75
Turkey Cranberry	Boars Head Turkey with Cucumber, Cranberry Sauce and Lettuce on 12 Grain Bread	\$7.50
Join the Club	Roasted Turkey Breast with Crispy Bacon, Brie Cheese, Lettuce, Tomato and Mayo in a Wrap	\$7.50
CBLT	Grilled Chicken Breast with Bacon, Lettuce, Tomato and Mayo on 12 Grain	\$7.50
Roast Beef & Brie Wrap	Shaved Roast Beef with Brie Cheese, Lettuce and Mayo in a Wrap	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

BBQ Chicken	Grilled Chicken Breast Smothered in Classic BBQ Sauce and Melted Cheddar Cheese on a Wedge	\$8.25
Tuna Melt	Served Open Face on a Toasted English Muffin with Melted Cheddar Cheese	\$8.25
Cutlet Mexico	Freshly Breaded Chicken Breast Cutlet with Avocado Lime Mayo, Melted Jalapeno Jack Cheese, Shredded Lettuce and Tomato on a Hard Roll	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):

Grilled Chicken	\$2.50
Tuna Salad	\$2.50
Egg Salad	\$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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