

# David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Thursday, March 31<sup>st</sup> 2011

## Homemade Soups

Small \$3.75 Large \$4.75

Chicken Minestrone • Potato and Leek Soup--Vegetarian • Bowl of Chili with Mexican Cheeses

## Delicious Hot Entree Specials

<b>Chef Special</b>	Lamb Souvlaki with Tzatziki (Greek Tradition) Slow Braised Lamb with Greek Spices, Shredded Lettuce and Tomatoes, Sautéed Onions I a Grilled Pita Bread Topped with Tzatziki Sauce a side order of Greek Salad	\$10.25
<b>Big Bowl Special</b>	Cavatelli San Giuseppe—Marinated Grilled Chicken Breast Served over Cavatelli Pasta with Arugula, Spinach and Cherry Tomato in a Roasted Garlic Vegetable Broth	\$10.25
<b>Cliff's Diet Special</b>	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
<b>Erik's Vegetarian Life</b>	Quesadilla - Roasted Plum Tomato and Collard Greens with Brown Rice and Mexican Cheeses Served with a Side of Black Bean & Mango Salsa	\$8.75

## Bountiful Fresh Salads

<b>Santa Fe Chicken</b>	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
<b>Salad of the Day</b>	Grilled Chicken over Mesclun Greens with Fresh Grilled Vegetables Medley, Sliced Fresh Mozzarella, Sun Dried Tomato and Tomato Basil Vinaigrette	\$10.25
<b>Mesclun Salad</b>	Grilled Shrimp over Mesclun Greens with Roasted Peppers, Artichoke Hearts, Cucumber, Fresh Mozzarella, Chick Pea with Tomato Basil Vinaigrette	\$10.25
<b>The Islander</b>	Grilled Chicken over Romaine with Sliced Mango, Grilled Pineapple, Tomato, Fresh Peppers, Cucumber, Caramelized Pecans and Honey Mustard Vinaigrette	\$10.25

## Gourmet Style Sandwiches

<b>Low Fat Special</b>	Chicken Cranberry with Lettuce and Cucumber on a Hearty Bread	\$7.50
<b>Classic BLT</b>	Crispy Bacon with Iceberg Lettuce, Local Grown Tomatoes, Mayo in a Toasted White Bread	\$7.50
<b>Blackened Chicken Wrap</b>	Blackened Chicken Breast with Fire Roasted Tomato Salsa, Brown Rice in a Wrap	\$8.25
<b>Country Ham Sandwich</b>	Baked Virginia Ham with Swiss Cheese and Mustard on Whole Wheat Bread	\$7.50
<b>Home-style Chicken Salad</b>	Fresh Chicken Salad On a Walnut Raisin Bread	\$7.50
<b>Hummus</b>	On Hearty Bread with Organic Sprout, Lettuce, Tomato and Cucumber	\$6.75
<b>Roast Beef</b>	On Rye Bread with Onion, Lettuce, Tomato and Pepper house Gourmaise	\$7.50
<b>Turkey Pita</b>	Fresh Roasted Turkey with Crispy Bacon, Lettuce, Tomato and Honey Mustard Sauce	\$7.50
<b>Chicken Caesar Wrap</b>	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

## Warm Sandwich Specials

<b>BBQ Chicken</b>	Grilled Chicken Breast with Texas Style BBQ Sauce and Melted Cheddar Cheese on a Wedge	\$8.25
<b>Chicken Parmesan</b>	Freshly Breaded Chicken Breast Cutlet with Melted Mozzarella and Marinara Sauce on a Wedge	\$8.25
<b>Mexican Steak Wrap</b>	Grilled Steak with Fresh Guacamole, Sautéed Onions and Peppers, Black Bean, Melted jack Cheese and Jalapenos on a Wrap	\$8.25

## Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

## Fruit Salad

	\$3.50 Small	\$6.75 Large
<b>Soundview Trail Mix</b>	\$2.95	
<b>Vita Water</b>	\$2.50	

<b>Salad Toppings (extra):</b>	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

<b>Fall Fever</b>	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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