

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Monday, March 21, 2011

Homemade Soups

Small \$3.75 Large \$4.75

Spicy Bean Soup • Chicken and Rice Soup • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

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| Chef Special | Tropical Salmon—Marinated Grilled Salmon Filet Served over Basmati Rice, Sautéed Broccoli and Topped with Fresh Tropical Salsa | \$10.25 |
| Big Bowl Special | Fresh Chicken Parmesan –Fresh Breaded Chicken, Tomato Sauce, Melted Mozzarella Cheese Served over Penne Pasta and Sautéed Spinach and Mushrooms | \$10.25 |
| Cliff's Diet Special | Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables | \$8.75 |
| Erik's Vegetarian Life | Cavatelli with Sundried Tomato, Tuscan Kale, White Beans, Caramelized Onions, Vegetable Broth and Fontina Cheese | \$8.75 |

Bountiful Fresh Salads

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| Santa Fe Chicken | Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper jack Cheese and Balsamic Vinaigrette | \$10.25 |
| Spinach Salad | Grilled Chicken over Baby Spinach with Crispy Bacon, Fresh Croutons, Hard Boiled Egg, Fresh Tomato, Cucumber and Tomato Basil Vinaigrette | \$10.25 |
| Mango Pecan Salad | Grilled Shrimp over Mesclun Greens, Fresh Sliced Mango, Cucumber, Caramelized Pecans, Fresh Mozzarella and Balsamic Vinaigrette | \$10.25 |
| The Sicilian Caesar | Grilled Chicken over Romaine with Sweet & Hot Peppers, Olives, Portobello Mushrooms, Roasted Tomato, Parmesan Cheese, Croutons and Caesar Dressing | \$10.25 |

Gourmet Style Sandwiches

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| Low Fat Special | Alpine Turkey Breast with Lettuce, Low Fat Alpine Lace Swiss, Mustard on 12 Grain | \$7.50 |
| TBLT | Roasted Turkey with Crispy Bacon, Lettuce, Tomato on 12 Grain Toast | \$7.50 |
| The Sea Server | Fresh Tuna Salad With Lettuce on a Toasted Pretzel Bread | \$6.75 |
| Classic Grilled Chicken Sandwich | Thinly Sliced Marinated Open Flamed Grilled Chicken Breast with Lettuce, Honey Mustard Sauce on a Portuguese Roll | \$7.50 |
| Hearty Egg Salad | With Lettuce and Tomato on a Hearty Bread | \$6.75 |
| California Turkey | Boars Head Turkey Breast with Monterey Jack Cheese, Honey Mustard on 12 Grain | \$7.50 |
| Black Forest Ham | Boars Head Black Forest Ham on a Portuguese Roll with Lettuce, Tomato, Honey Mustard and Swiss Cheese | \$7.50 |
| Hummus | With Sprouts, Tomato and Cucumber on a Hearty Bread | \$6.75 |
| Home Style Chicken Salad | With Lettuce on a Walnut Raisin Bread | \$7.50 |
| The Westport | Roast Beef with Coleslaw and Russian Dressing on a Roll | \$7.50 |
| Chicken Caesar Wrap | Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla | \$8.25 |

Warm Sandwich Specials

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| Tuscan Chicken Wrap | Grilled Chicken with Grilled Zucchini, Squash, Red Peppers, Asparagus, Fresh Mozzarella and Pesto on a Wrap | \$8.25 |
| Steak Sandwich | Grilled Steak Served Open Faced with Sautéed Onions & Mushrooms Topped with Melted Bleu Cheese on a Toasted Garlic Wedge | \$8.25 |
| Garden Burger Wrap | Vegetarian Burger with Melted Alpine Lace Swiss, Lettuce, Tomato and Honey Mustard Sauce on a Wrap | \$8.25 |
| Cheddar Chicken | Chicken Cutlet with Bacon, Melted Cheddar Cheese, Lettuce, Tomato, Mayo on a Roll | \$8.25 |

Daily Salads

| | Small | Large |
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| Caesar Salad | \$6.00 | \$7.50 |
| Garden Salad | \$6.00 | \$7.50 |

Fruit Salad

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| | \$3.50 Small | \$6.75 Large |
| Soundview Trail Mix | \$2.95 | |
| Vita Water | \$2.50 | |

Salad Toppings (extra):

Grilled Chicken \$2.50
Tuna Salad \$2.50
Egg Salad \$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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