

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Monday, February 28, 2011

Homemade Soups

Small \$3.75 Large \$4.75

Chicken Pozole Soup

• Toasted Barley and Lentil Soup--
Vegetarian

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

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| Chef Special | Blackened Atlantic Salmon Filet Topped with a Spicy Red Shrimp Sauce Served over Jasmine Rice and Sautéed Broccoli | \$10.25 |
| Big Bowl Special | Chipotle Marinated Grilled Chicken Breast Served with Spanish Chorizo Rice, Sautéed Corn and Peppers and Topped with a Mild Chipotle Sauce | \$10.25 |
| Cliff's Diet Special | Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables | \$8.75 |
| Erik's Vegetarian Life | Baked Polenta with Butternut Squash, Roasted Parsnips & Carrots Served with Broccoli Rabe Sautéed with Lemon and Topped with Aged Provolone | \$8.75 |

Bountiful Fresh Salads

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| Spinach Feta Salad | Grilled Chicken over Baby Spinach, Sliced Pears and Apples, Tomato, Cucumber, Crumbled Feta Cheese, Calamata Olives and Tomato Basil Vinaigrette | \$10.25 |
| Santa Fe Chicken | Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper jack Cheese and Balsamic Vinaigrette | \$10.25 |
| Shrimp & Mango Salad | Grilled Shrimp over Mesclun Greens with Fresh Sliced Mango, Fresh Peppers, Coconuts Flake, Cucumber, Dried Cranberries and Balsamic Vinaigrette | \$10.25 |
| The Islander | Grilled Chicken over Romaine over Sliced Mango, Grilled Pineapple, Tomato, Fresh Peppers, Cucumber and Honey Mustard Vinaigrette | \$10.25 |

Gourmet Style Sandwiches

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| Low Fat Special | Alpine Turkey Breast with Lettuce, Low Fat Alpine Lace Swiss, Mustard on 12 Grain | \$7.50 |
| TBLT | Roasted Turkey with Crispy Bacon, Lettuce, Tomato on 8 Grain Toast | \$7.50 |
| The Sea Server | Fresh Tuna Salad With Lettuce on a Toasted Pretzel Bread | \$6.75 |
| Classic Grilled Chicken Sandwich | Thinly Sliced Marinated Open Flamed Grilled Chicken Breast with Lettuce, Honey Mustard Sauce on a Portuguese Roll | \$7.50 |
| Hearty Egg Salad | With Lettuce and Tomato on a Hearty Bread | \$6.75 |
| California Turkey | Boars Head Turkey Breast with Fresh Avocado, Monterey Jack Cheese, Honey Mustard on 8 Grain | \$7.50 |
| Black Forest Ham | Boars Head Black Forest Ham on a Portuguese Roll with Lettuce, Tomato, Honey Mustard and Swiss Cheese | \$7.50 |
| Hummus | With Sprouts, Tomato and Cucumber on a Hearty Bread | \$6.75 |
| Home Style Chicken Salad | With Lettuce on a Walnut Raisin Bread | \$7.50 |
| The Westport | Roast Beef with Coleslaw and Russian Dressing on a Roll | \$7.50 |
| Chicken Caesar Wrap | Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla | \$8.25 |

Warm Sandwich Specials

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| Grilled Chicken Panini | Thinly Sliced Grilled Chicken Breast with Goat Cheese, Sundried Tomato, Portobello Mushrooms and Balsamic Drizzle on a Grilled Tuscan Bread | \$8.25 |
| Chicken Cutlet Special | Breaded Chicken Cutlet with Bacon, Roasted Peppers, Lettuce, Tomato and Honey Mustard Sauce on a Wedge | \$8.25 |
| Roast Beef Melt | Roast Beef with Crispy Onions, Melted Swiss Cheese and Horseradish Sauce on a Wrap | \$8.25 |
| Honey Mustard Ham | Shredded & Shaved Ham with Honey Mustard Sauce, Melted Mozzarella on a Wedge | \$8.25 |

Daily Salads

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| | Small | Large |
| Caesar Salad | \$6.00 | \$7.50 |
| Garden Salad | \$6.00 | \$7.50 |

Fruit Salad

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| | \$3.50 Small | \$6.75 Large |
| Soundview Trail Mix | \$2.95 | |
| Vita Water | \$2.50 | |

Salad Toppings (extra):

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| Grilled Chicken | \$2.50 |
| Tuna Salad | \$2.50 |
| Egg Salad | \$2.50 |

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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