

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, Feb. 1st 2011

Homemade Soups

Small \$3.75 Large \$4.75

Beef Noodle Soup

• Butternut Squash Bisque

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

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| Chef Special | Jalapeno and Cheddar Meatloaf Served over Mashed Potatoes, Green Beans, Wax Beans and Carrots Medley and Topped with Caramelized Onion Brown Gravy | \$10.25 |
| Big Bowl Special | Chicken Souvlaki with Tzatziki—(Greek Tradition) Marinated Grilled Boneless Breast of Chicken with Tzatziki Shredded Lettuce and Tomatoes, Sautéed Onions in a Grilled Greek Pita Bread and Served with a Side of Greek Salad | \$10.25 |
| Cliff's Diet Special | Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables | \$8.75 |
| Erik's Vegetarian Life | Stuffed Peppers with Quinoa, Summer Squash, Zucchini, Currants, Sundried Tomatoes Baked with Goat Cheese and Served with a Black Bean Salsa | \$8.75 |

Bountiful Fresh Salads

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| Sonoma Spinach | Grilled Chicken over Baby Spinach with Gorgonzola Cheese, Pine Nuts, Fresh Peppers, Tomato, Cucumber and Tomato Basil Vinaigrette | \$10.25 |
| New England Salad | Diced White Meat Chicken Salad with Grapes, Walnuts & Maple Dressing over Romaine Lettuce, Topped with Chopped Bacon and Shredded Cheddar Cheese | \$10.25 |
| Blackened Chicken Salad | Blackened Chicken over Romaine Lettuce with Fresh Sliced Mango, Cucumber, Grilled Pineapple, Caramelized Pecans and Honey Mustard Vinaigrette | \$10.25 |
| Mesclun Shrimp | Grilled Shrimp over Mesclun Greens, Roasted Peppers, Artichoke Hearts, Cucumber, Fresh Mozzarella, Chick Peas with Balsamic Vinaigrette | \$10.25 |

Gourmet Style Sandwiches

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| Low Fat Special | Boars Head Peppercorn Turkey Breast with Low Fat Alpine Lace Swiss, Mustard, Lettuce on 12 Grain | \$7.50 |
| Asian Tuna Wrap | Asian Seared Tuna with Asian Slaw and Chili Dressing on a Wrap | \$8.95 |
| The French Connection | Boars Head Black forest Ham with Swiss Cheese and Mustard on Pretzel Bread | \$7.50 |
| The Maz Special | Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Salt & Pepper on Rye Bread | \$7.50 |
| Turkey Club | Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast | \$7.50 |
| Waldorf Chicken Salad | Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread | \$7.50 |
| Turkey Cucumber | Fresh Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 12 Grain | \$7.50 |
| David's Veggies | On a Hearty Bread with Sliced Avocado, Sprouts, Cucumber, White Cheddar, Lettuce and Spicy Mayo | \$6.75 |
| Blackened Chicken Caesar Wrap | Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap | \$8.25 |
| Oven Gold Turkey | Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread | \$7.50 |

Warm Sandwich Specials

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| Western Steak Wrap | Grilled Steak with Melted Mozzarella, Sautéed Onions and Mushrooms with Chipotle Mayo on a Wrap | \$8.25 |
| Chicken Ranch | Chicken Cutlet, Lettuce, Tomato, Crispy Bacon, Ranch Dressing on a Roll | \$8.25 |
| Turkey Cheddar Wrap | Fresh Turkey with Bacon, Melted Cheddar and Honey Mustard Sauce in a Wrap | \$8.25 |
| Quesadilla | Marinated Grilled Chicken Breast with Corn, Black Beans, Scallions & Mexican Cheeses in a Flour Tortilla and a side of Sour Cream and Salsa | \$8.75 |

Daily Salads

| | Small | Large |
|--------------|--------|--------|
| Caesar Salad | \$6.00 | \$7.50 |
| Garden Salad | \$6.00 | \$7.50 |

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix

\$2.95

Vita Water

\$2.50

Salad Toppings (extra):

Grilled Chicken \$2.50

Tuna Salad \$2.50

Egg Salad \$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side

\$7.50



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