

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Wednesday, Dec. 1st 2010

Homemade Soups Small \$3.75 Large \$4.75

Cuban Black Bean Soup • Cream of Broccoli—Vegetarian • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Braised Pork Shanks with a Mild Chipotle Sauce over Yellow Rice and Beans Topped with Jack and Cheddar Cheese and Zesty Zucchini and Yellow Squash	\$10.25
Big Bowl Special	Mediterranean Chicken Breast Crusted with Pine Nuts, Olive and Sundried Tomato Topped with Fresh Herb Lemon Sauce Served over White and Wild Rice, Roasted Butternut Squash and Brussels Sprout	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Erik's Vegetarian Life	Spaghetti with Wild Mushrooms Sauce, Crispy Kale Chips and Sautéed Spinach Parmesan	\$8.75

Bountiful Fresh Salads

Tropical Salad	Grilled Chicken over Romaine Lettuce, Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Toasted Almonds, Cucumber and Honey Mustard Vinaigrette	\$10.25
Fall Mesclun Salad	Grilled Shrimp over Mesclun Greens with Dried Cranberries, Toasted Walnuts, Fresh Pear Slices, Cucumber, Feta Cheese and Tomato Basil Vinaigrette	\$10.25
Chicken & Pear	Blackened Chicken over Mesclun with Sliced Fresh Pears, Fresh Peppers, Chopped Toasted Pecans, Crumbled Feta Cheese and Balsamic Vinaigrette	\$10.25
Garden Tuna Salad	Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Black Forest Ham & Cheddar with Mustard on Whole Wheat Bread	\$7.50
The Italian Combo	Ham, Salami, Provolone Cheese, Lettuce, Hot Peppers, Oil & Vinegar in a Baguette	\$8.25
Boars Head Buffalo Chicken Wrap	With Blue Cheese Dressing, Lettuce and Tomato on a Wrap	\$7.50
Tuna Vinaigrette	Tuna Vinaigrette in a Onion Roll with Fresh Avocado and Lettuce	\$6.75
The Veggie	Lettuce, Tomato, Cucumber, Fresh Avocado, Roasted Red Peppers, Honey Mustard on 8 Grain Bread	\$6.75
Turkey Cranberry	Boars Head Turkey with Cucumber, Cranberry Sauce and Lettuce on 8 Grain Bread	\$7.50
Join the Club	Roasted Turkey Breast with Crispy Bacon, Brie Cheese, Lettuce, Tomato and Mayo in a Wrap	\$7.50
Roast Beef & Brie Wrap	Shaved Roast Beef with Brie Cheese, Lettuce and Mayo in a Wrap	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Pork Quesadilla	Marinated Pork Carnitas with Corn, Black Beans, Scallions & Mexican Cheese in a Flour Tortilla and Side of Sour Cream and Salsa	\$8.75
Americana	Chicken Cutlet with Hot Peppers, Melted American Cheese and Mayo in a Wedge	\$8.25
California Wrap	Grilled Chicken with Melted American Cheese, Fresh Sliced Avocado, Lettuce, Tomato and Honey Mustard Sauce on a Wrap	\$8.25

<u>Daily Salads</u>	Small	Large	<u>Fruit Salad</u>	\$3.50 Small	\$6.75 Large
Caesar Salad	\$6.00	\$7.50	Soundview Trail Mix	\$2.95	
Garden Salad	\$6.00	\$7.50	Vita Water	\$2.50	
Salad Toppings (extra):	Grilled Chicken \$2.50		Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
	Tuna Salad \$2.50				
	Egg Salad \$2.50				



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