

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, October 29th 2010

Homemade Soups

Small \$3.75

Large \$4.75

Spinach, White Bean & Tomato Soup—
Vegetarian

• Rhode Island Clam Chowder

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Smoked Chili Pepper Rubbed Pork Loin Served over Roasted Fingerling Potatoes and Grilled Asparagus	\$10.25
Big Bowl Special	Chicken Souvlaki with Tzatziki—(Greek Tradition) Marinated Grilled Boneless Breast of Chicken with Tzatziki Shredded Lettuce and Tomatoes, Sautéed Onions in a Grilled Greek Pita Bread and Served with a Side of Greek Salad	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Chicken & Mango	Blackened Chicken over Mesclun Greens with Fresh Sliced Mango, Fresh Peppers, Toasted Walnuts, Cucumbers, Dried Cranberries and Honey Mustard Vinaigrette	\$10.25
Cos Cobb Salad	Grilled Chicken over Romaine Lettuce with Crumbled Blue Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Eggs and Tomato Basil Vinaigrette	\$10.25
Mesclun Shrimp	Grilled Shrimp over Mesclun Greens, Roasted Peppers, Artichoke Hearts, Cucumber, Fresh Mozzarella, Chick Peas with Tomato Basil Vinaigrette	\$10.25
Garden Tuna Salad	Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat	\$7.50
Steve Roast Beef	Shaved Roast Beef With Onion, Lettuce and Roasted Peppers, Mayo on Rye Bread	\$7.50
Friday Special	All Vegetable: Lettuce, Tomato, Avocado, Cucumber, Roasted Pepper and Ranch Dressing on 12 Grain Bread	\$6.75
Chicken Cranberry	Grilled Chicken Breast with Cranberry Sauce, lettuce and Cucumber on 12 Grain Bread	\$7.50
Salsa Chicken Wrap	Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap	\$7.50
Alpine Turkey	Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread	\$7.50
David's Wrap	Chicken Cutlet with Hot Peppers, American Cheese and Mayo on a Wrap	\$7.50
Big Fish	Fresh Tuna Salad on Whole Wheat Bread	\$6.75
Max Caesar	Grilled Chicken Breast with Fresh Avocado, Romaine Lettuce and Caesar Dressing on a Wrap	\$8.25

Warm Sandwich Specials

Panini Special	Sliced Grilled Chicken Breast with Pesto Mayo, Fresh Mozzarella and Fire Roasted Red Pepper on a Grilled Tuscan Bread	\$8.25
Roast Beef Gravy	Shaved Roast Beef with Melted Mozzarella Cheese on Garlic Toasted Wedge	\$8.25
The Baja Wrap	Fresh Breaded Chicken Cutlet with Sliced Avocado, Shredded Lettuce and Tomato, Chipotle Mayo in a Wrap	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix

\$2.95

Vita Water

\$2.50

Salad Toppings (extra):

Grilled Chicken \$2.50
Tuna Salad \$2.50
Egg Salad \$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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