

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Monday, Nov. 1st 2010

Homemade Soups Small \$3.75 Large \$4.75

Creamy Chicken and Wild Rice Soup • Mushroom and Barley Soup • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Chipotle Marinated Grilled Flank Steak Topped with a Creamy Cilantro Sauce and Served over Herb Rice and Fresh Roasted Vegetables	\$10.25
Big Bowl Special	Stuffed Chicken Breast with Prosciutto, Spinach and Smoked Gouda Topped with a Whole Grain Mustard Sauce Served over White and Wild Rice and Fresh Sautéed Broccoli Rabe	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
Chef Erik's Vegetarian Choice	Ribollita—Italian Bean and Vegetable Stew Served over Broken Crusty Bread and Topped with Shaved Aged Provolone	\$8.75

Bountiful Fresh Salads

Summer Salad	Grilled Chicken over Mesclun Greens with Grilled Vegetables Medley, Sliced Fresh Mozzarella, Sun Dried Tomato and Tomato Basil Vinaigrette	\$10.25
Santa Fe Chicken	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
Californian Salad	Boars Head Turkey Breast Sliced over Mesclun Greens with Sliced Apple, Toasted Walnuts, Bacon Bits, Gorgonzola Cheese and Balsamic Vinaigrette	\$10.25
Shrimp Caesar	Grilled Shrimp over Romaine with Sautéed Portobello Mushrooms, Oven Dried Tomato, Grated Parmesan Cheese, Fresh Croutons and Caesar Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Alpine Turkey Breast with Lettuce, Low Fat Alpine Lace Swiss, Mustard on 12 Grain	\$7.50
TBLT	Roasted Turkey with Crispy Bacon, Lettuce, Tomato on 12 Grain Toast	\$7.50
The Sea Server	Fresh Tuna Salad With Lettuce on a Toasted Pretzel Bread	\$6.75
Classic Grilled Chicken Sandwich	Thinly Sliced Marinated Open Flamed Grilled Chicken Breast with Lettuce, Honey Mustard Sauce on a Portuguese Roll	\$7.50
Hearty Egg Salad	With Lettuce and Tomato on a Hearty Bread	\$6.75
California Turkey	Boars Head Turkey Breast with Fresh Avocado, Monterey Jack Cheese, Honey Mustard on 12 Grain	\$7.50
Black Forest Ham	Boars Head Black Forest Ham on a Portuguese Roll with Lettuce, Tomato, Honey Mustard and Swiss Cheese	\$7.50
Hummus	With Sprout, Tomato and Cucumber on a Hearty Bread	\$6.75
Home Style Chicken Salad	With Lettuce on a Walnut Raisin Bread	\$7.50
The Westport	Roast Beef with Coleslaw and Russian Dressing on a Roll	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Chicken Cutlet Special	Breaded Chicken Cutlet with Bacon, Roasted Red Peppers, Lettuce, Tomato and Honey Mustard Sauce on a Wedge	\$8.25
Garden Burger Wrap	With Melted Alpine Lace Swiss, Lettuce, Tomato, Honey Mustard on a Wrap	\$8.25
Country Grilled Panini	Grilled Chicken with Baby Spinach, Melted Fresh Mozzarella, Roasted Peppers, Sun Dried Tomato, Lemon Herb Mayo on a Panini Bread	\$8.25
Tuna Melt	Served Open Faced on Toasted English Muffin with Melted Cheddar Cheese	\$7.50

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):

Grilled Chicken	\$2.50
Tuna Salad	\$2.50
Egg Salad	\$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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