

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Thursday, Sept 9th 2010

Homemade Soups

Small \$3.75 Large \$4.75

Chicken Minestrone

• Potato Leek Soup

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Emeril's Spicy Meatloaf Topped with Chipotle Pepper Sauce Served with Mashed Potatoes and Fresh Roasted Brussels Sprouts & Mushrooms	\$10.25
Big Bowl Special	Cilantro Lime Marinated Chicken Kebobs – Topped With A Fire Roasted Chipotle Tomatillo Sauce Served Over Steamed White Rice And Sautéed Green Beans	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Shrimp Santa Fe	Grilled Shrimp over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
Salad of the Day	Grilled Chicken over Romaine Lettuce, Broccoli, Baby Carrots, Fresh Peppers, Tomato, Cucumber, Fresh Croutons and Tomato Basil Vinaigrette	\$10.25
Chicken Mandarin	Blackened Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Toasted Almonds, Sliced Red Onions, Cucumber and Honey Mustard Vinaigrette	\$10.25
Sedona Salad	Grilled Chicken over Mesclun Greens with Fresh Sliced Mango, Black Beans, Gorgonzola Cheese, Tomato, Cucumber and Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Low Calorie Tuna Vinaigrette in Whole Wheat Bread with Lettuce and Tomato	\$6.75
Classic BLT	Crispy Bacon with Iceberg Lettuce, Local Grown Tomatoes, Mayo in a Toasted White Bread	\$7.50
Blackened Chicken Wrap	Blackened Chicken Breast with Fire Roasted Tomato Salsa, Brown Rice in a Wrap	\$8.25
Country Ham Sandwich	Baked Virginia Ham with Swiss Cheese and Mustard on Whole Wheat Bread	\$7.50
Home-style Chicken Salad	Fresh Chicken Salad On a Walnut Raisin Bread	\$7.50
Hummus	On a Hearty Bread with Lettuce, Tomato and Cucumber	\$6.75
Roast Beef	On Rye Bread with Onion, Lettuce, Tomato and Pepper house Gourmaise	\$7.50
Turkey Pita	Fresh Roasted Turkey with Crispy Bacon, Lettuce, Tomato and Honey Mustard Sauce	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Sausage & Peppers	With Melted Mozzarella Cheese and Tomato Sauce on a Wedge	\$8.25
Chicken Cordon Bleu	Breaded Chicken Cutlet with Ham, Melted Swiss Cheese, Honey Mustard Sauce on a Portuguese Roll	\$8.25
Tuscan Chicken Wrap	Grilled Chicken with Grilled Zucchini, Squash, Red Peppers, Asparagus, Fresh Mozzarella, Pesto on a Wrap	\$8.25

Daily Salads

	Small	Large	Fruit Salad	\$3.50 Small	\$6.75 Large
Caesar Salad	\$6.00	\$7.50	Soundview Trail Mix	\$2.95	
Garden Salad	\$6.00	\$7.50	Vita Water	\$2.50	
Salad Toppings (extra):	Grilled Chicken \$2.50		Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
	Tuna Salad \$2.50				
	Egg Salad \$2.50				



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