

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, Sept. 3rd 2010

Homemade Soups

Small \$3.75 Large \$4.75

Five Bean Soup

• New England Clam Chowder

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Shrimp Creole Served over Yellow Rice, Black Beans, Steamed Broccoli with our Classic Creole Sauce	\$10.25
Big Bowl Special	Stuffed Chicken Breast with Spinach, Smoked Gouda and Pine Nuts Topped with a Lemon Beurre Blanc Sauce and Served with White & Wild Rice, Roasted Carrots and Parsnips	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Greek Isle Salad	Grilled Shrimp over Mesclun Greens, Cucumbers, Tomato, Artichoke Hearts, Calamata Olives, Grilled Asparagus, Feta Cheese & Tomato Basil Vinaigrette	\$10.25
Southwest Caesar	Blackened Chicken over Romaine Lettuce with Roasted Peppers, Artichoke Hearts, Fresh Avocado, Sun Dried Tomato, Parmesan Cheese, Croutons and Caesar Dressing	\$10.25
Garden Tuna Salad	Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette	\$10.25
Chicken Mandarin	Grilled Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat	\$7.50
Steve Roast Beef	Shaved Roast Beef With Onion, Lettuce and Roasted Peppers, Mayo on Rye Bread	\$7.50
Friday Special	All Vegetable: Lettuce, Tomato, Avocado, Cucumber, Roasted Pepper and Ranch Dressing on 12 Grain Bread	\$6.75
Chicken Cranberry	Grilled Chicken Breast with Cranberry Sauce, lettuce and Cucumber on 12 Grain Bread	\$7.50
Salsa Chicken Wrap	Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap	\$7.50
Alpine Turkey	Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread	\$7.50
David's Wrap	Chicken Cutlet with Hot Peppers, American Cheese and Mayo on a Wrap	\$7.50
Big Fish	Fresh Tuna Salad on Whole Wheat Bread	\$6.75
Max Caesar	Grilled Chicken Breast with Fresh Avocado, Romaine Lettuce and Caesar Dressing on a Wrap	\$8.25

Warm Sandwich Specials

Corned Beef Rye	Corned Beef with Coleslaw, Russian Dressing, Melted Swiss on a Rye Bread	\$8.25
Chicken Ranch	Chicken Cutlet, Lettuce, Tomato, Crispy Bacon, Ranch Dressing on a Roll	\$8.25
Tuscan Chicken Wrap	Grilled Chicken with Grilled Zucchini, Squash, Red Peppers, Asparagus, Fresh Mozzarella, Pesto on a Wrap	\$8.25

Daily Salads

	Small	Large	Fruit Salad	\$3.50 Small	\$6.75 Large
Caesar Salad	\$6.00	\$7.50	Soundview Trail Mix	\$2.95	
Garden Salad	\$6.00	\$7.50	Vita Water	\$2.50	
Salad Toppings (extra):	Grilled Chicken \$2.50		Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
	Tuna Salad \$2.50				
	Egg Salad \$2.50				



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