

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, Sept 10th 2010

Homemade Soups

Small \$3.75

Large \$4.75

Spinach, White Bean & Tomato Soup—
Vegetarian

• Oyster Chowder

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

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| Chef Special | Linguine Pasta Topped With White Wine Clam Sauce , Sauteed Broccoli, Garlic And Asiago Cheese | \$10.25 |
| Big Bowl Special | Chicken Florencia – Roulade of Chicken Breast Stuffed With Pine Nuts, Spinach & A Hint of Gorgonzola Cheese Topped With A White Wine Lemon Sauce, Served With Rice Pilaf & Sauteed Broccoli Rabe | \$10.25 |
| Cliff's Diet Special | Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables | \$8.75 |

Bountiful Fresh Salads

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| Chicken & Mango | Blackened Chicken over Mesclun Greens with Fresh Sliced Mango, Fresh Peppers, Toasted Walnuts, Cucumbers, Dried Cranberries and Honey Mustard Vinaigrette | \$10.25 |
| Cos Cobb Salad | Grilled Chicken over Romaine Lettuce with Crumbled Blue Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Eggs and Tomato Basil Vinaigrette | \$10.25 |
| Mesclun Shrimp | Grilled Shrimp over Mesclun Greens, Roasted Peppers, Artichoke Hearts, Cucumber, Fresh Mozzarella, Chick Peas with Tomato Basil Vinaigrette | \$10.25 |
| Chef Salad | Boars Head Turkey, Ham, Cheddar Cheese over Romaine Lettuce with Carrots, Tomato, Cucumber, Hard Boiled Egg and Russian Dressing | \$10.25 |

Gourmet Style Sandwiches

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| Low Fat Special | Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat | \$7.50 |
| Steve Roast Beef | Shaved Roast Beef With Onion, Lettuce and Roasted Peppers, Mayo on Rye Bread | \$7.50 |
| Friday Special | All Vegetable: Lettuce, Tomato, Avocado, Cucumber, Roasted Pepper and Ranch Dressing on 12 Grain Bread | \$6.75 |
| Chicken Cranberry | Grilled Chicken Breast with Cranberry Sauce, lettuce and Cucumber on 12 Grain Bread | \$7.50 |
| Salsa Chicken Wrap | Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap | \$7.50 |
| Alpine Turkey | Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread | \$7.50 |
| David's Wrap | Chicken Cutlet with Hot Peppers, American Cheese and Mayo on a Wrap | \$7.50 |
| Big Fish | Fresh Tuna Salad on Whole Wheat Bread | \$6.75 |
| Max Caesar | Grilled Chicken Breast with Fresh Avocado, Romaine Lettuce and Caesar Dressing on a Wrap | \$8.25 |

Warm Sandwich Specials

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| The Baja Wrap | Fresh Breaded Chicken Cutlet with Sliced Avocado, Shredded Lettuce and Tomato, Chipotle Mayo in a Wrap | \$8.25 |
| Roast Beef Gravy | Shaved Roast Beef with Melted Mozzarella Cheese on Garlic Toasted Wedge | \$8.25 |
| | | \$8.25 |

Daily Salads

| | Small | Large |
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| Caesar Salad | \$6.00 | \$7.50 |
| Garden Salad | \$6.00 | \$7.50 |

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| Salad Toppings (extra): | Grilled Chicken \$2.50 |
| | Tuna Salad \$2.50 |
| | Egg Salad \$2.50 |

Fruit Salad \$3.50 Small \$6.75 Large

Soundview Trail Mix \$2.95

Vita Water \$2.50

Fall Fever Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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