

# David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Wednesday, Sept. 1<sup>st</sup> 2010

## Homemade Soups

Small \$3.75 Large \$4.75

Mexican Chicken Soup • Garbanzo Bean and Vegetable Soup • Bowl of Chili with Mexican Cheeses

## Delicious Hot Entree Specials

<b>Chef Special</b>	Blackened Filet of Tuna Topped with Mango and Pineapple Salsa Served over Steamed White Rice and Roasted Butternut Squash	\$10.25
<b>Big Bowl Special</b>	Chipotle Marinated Grilled Chicken Breast Topped with Chipotle Sauce and Served with Spanish Chorizo Rice and Sautéed Corn and Peppers	\$10.25
<b>Cliff's Diet Special</b>	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75
<b>Quesadilla</b>	Mexican Marinated Grilled Chicken Breast with Corn, Black Beans, Scallions & Mexican Cheeses in a Flour Tortilla with Side of Sour Cream and Salsa	\$8.75

## Bountiful Fresh Salads

<b>Country Salad</b>	Grilled Shrimp over Mesclun, Roasted Peppers, Artichoke Hearts, Portobello Mushrooms, Sun Dried Tomato, Fresh Mozzarella, Croutons and Tomato Basil Vinaigrette	\$10.25
<b>Spring Salad</b>	Grilled Chicken over Mesclun Greens with Fresh Orange Sections, Caramelized Pecans, Fresh Mozzarella, Fresh Peppers and Honey Mustard Vinaigrette	\$10.25
<b>Island Cobb</b>	Blackened Chicken over Romaine, Crumbled Bleu Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Eggs and Balsamic Vinaigrette	\$10.25
<b>Flaked Tuna Salad</b>	Flaked Tuna over Baby Spinach with Snow Peas, Peppers, Tomato and Cucumber with Asian Sesame Ginger Dressing	\$10.25

## Gourmet Style Sandwiches

<b>Low Fat Special</b>	Boars Head Black Forest Ham & Cheddar with Mustard on Whole Wheat Bread	\$7.50
<b>The Italian Combo</b>	Ham, Salami, Provolone Cheese, Lettuce, Hot Peppers, Oil & Vinegar in a Baguette	\$8.25
<b>Boars Head Buffalo Chicken Wrap</b>	With Blue Cheese Dressing, Lettuce and Tomato on a Wrap	\$7.50
<b>Tuna Vinaigrette</b>	Tuna Vinaigrette in a Onion Roll with Fresh Avocado and Lettuce	\$6.75
<b>The Veggie</b>	Lettuce, Tomato, Cucumber, Fresh Avocado, Roasted Red Peppers, Honey Mustard on 12 Grain Bread	\$6.75
<b>Turkey Cranberry</b>	Boars Head Turkey with Cucumber, Cranberry Sauce and Lettuce on 12 Grain Bread	\$7.50
<b>Join the Club</b>	Roasted Turkey Breast with Crispy Bacon, Brie Cheese, Lettuce, Tomato and Mayo in a Wrap	\$7.50
<b>CBLT</b>	Grilled Chicken Breast with Bacon, Lettuce, Tomato and Mayo on 12 Grain	\$7.50
<b>Roast Beef &amp; Brie Wrap</b>	Shaved Roast Beef with Brie Cheese, Lettuce and Mayo in a Wrap	\$7.50
<b>Chicken Caesar Wrap</b>	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

## Warm Sandwich Specials

<b>It's a Wedge</b>	Fresh Breaded Chicken Cutlet with Melted Mozzarella, Lettuce, Tomato, Mayo on a Wedge	\$8.25
<b>Thai Steak &amp; Bok Choy Wrap</b>	Marinated Grilled Steak with Stir Fried Bok Choy, Julienne Peppers, Steamed White Rice with Spicy Peanut Sauce in a Wrap	\$8.25
<b>BBQ Chicken</b>	Grilled Chicken Breast with Texas Style BBQ Sauce and Melted Cheddar Cheese on a Wedge	\$8.25

<b>Daily Salads</b>	<b>Small</b>	<b>Large</b>	<b>Fruit Salad</b>	\$3.50 Small	\$6.75 Large
Caesar Salad	\$6.00	\$7.50	<b>Soundview Trail Mix</b>	\$2.95	
Garden Salad	\$6.00	\$7.50	<b>Vita Water</b>	\$2.50	

<b>Salad Toppings (extra):</b>	Grilled Chicken \$2.50	<b>Fall Fever</b>	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
	Tuna Salad \$2.50			
	Egg Salad \$2.50			



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