

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, August 31, 2010

Homemade Soups

Small \$3.75 Large \$4.75

Broccoli and Cheddar Soup

• Lobster Bisque

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Jamaican BBQ Pork Tenderloin Served with Roasted Red Bliss Potatoes, Roasted Brussels Sprouts and Caramelized Onions and Topped with our Homemade Spicy BBQ Sauce	\$10.25
Big Bowl Special	Classic Spiced and Marinade Oven Roasted Tandori Chicken Served over Basmati Rice and Indian Cauliflower	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Ranch Taco Salad	Grilled Chicken Breast over Romaine Lettuce, Crushed Baked Tortilla Chips, Fresh Avocado, Shredded Cheddar Cheese, Tomato, Cucumber and Ranch Dressing	\$10.25
Romaine Salad	Blackened Chicken over Romaine with Chick Peas, Carrots, Corn, Green Peas, Dried Cranberries, Crumbled Gorgonzola, Fresh Peppers and Honey Mustard Vinaigrette	\$10.25
Mango Pecan Salad	Grilled Shrimp over Mesclun Greens, Fresh Sliced Mango, Caramelized Pecans, Fresh Mozzarella Cheese, Cucumber and Balsamic Vinaigrette	\$10.25
Spinach & Gouda Salad	Grilled Chicken over Baby Spinach, Shaved Smoked Gouda Cheese, Bacon, Tomato, Cucumber, Shredded Carrots and Tomato Basil Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Peppercorn Turkey Breast with Low Fat Alpine Lace Swiss, Mustard, Lettuce on 12 Grain	\$7.50
The French Connection	Boars Head Black forest Ham with Swiss Cheese and Mustard on Pretzel Bread	\$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Salt & Pepper on Rye Bread	\$7.50
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	\$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread	\$7.50
Turkey Cucumber	Fresh Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 12 Grain	\$7.50
The All Veg Wrap	With Avocado, Carrots Pickled, Lettuce, Cucumber and Honey Mustard in a Wrap	\$6.75
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

Chicken Parmesan	Fresh Breaded Chicken Cutlet with Melted Mozzarella Cheese and Tomato Sauce on a Wedge	\$8.25
Chicken Fajita Wrap	Grilled Mexican Marinated Chicken Breast with Sautéed Onions and Peppers, Mexican Cheese, Yellow Rice, Fresh Avocado on a Wrap	\$8.25
Turkey Pesto	Turkey, Roasted Red Peppers, Tomato, Melted Provolone and Pesto Sauce in a Ciabatta Bread	\$8.25
Fish Sandwich	Baked Fresh White Fish Filet with Homemade Tartar Sauce, Lettuce and Tomato on a Hard Roll	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Salad Toppings (extra):	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix \$2.95

Vita Water \$2.50

Fall Fever Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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