

# David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Friday, April 30<sup>th</sup> 2010

## Homemade Soups

Small \$3.75

Large \$4.75

Thai Shrimp Soup with Basmati Rice

• Beef Noodle Soup

• Bowl of Chili with Mexican Cheeses

## Delicious Hot Entree Specials

<b>Chef Special</b>	Roasted Pork Loin with Balsamic Glaze Served Cavetelli Pasta Tossed in Garlic and Olive Oil with Eggplant Parmesan	\$10.25
<b>Big Bowl Special</b>	Chicken Stir Fry with Broccoli and Sugar Snap Peas Served over Lo Mein Noodles and Topped with Soy Ginger Broth	\$10.25
<b>Cliff's Diet Special</b>	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

## Bountiful Fresh Salads

<b>Spinach &amp; Gouda Salad</b>	Grilled Chicken over Baby Spinach, Shaved Smoked Gouda, Bacon, Tomato, Cucumber, Shredded Carrots and Tomato Basil Vinaigrette	\$10.25
<b>Shrimp &amp; Romaine</b>	Grilled Shrimp over Romaine Lettuce with Grape Tomatoes, Sliced Cucumbers, Fresh Croutons, Grated Parmesan Cheese and Balsamic Vinaigrette	\$10.25
<b>Pecan Orange Salad</b>	Blackened Chicken over Mesclun Greens with Fresh Orange Sections, Caramelized Pecans, Fresh Mozzarella and Honey Mustard Vinaigrette	\$10.25
<b>Cos Cobb Salad</b>	Grilled Chicken over Romaine with Crumbled Blue Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Eggs and Tomato Basil Vinaigrette	\$10.25

## Gourmet Style Sandwiches

<b>Low Fat Special</b>	Boars Head Black Forest Ham & Cheddar Cheese with Mustard on Whole Wheat	\$7.50
<b>Tuna Salad</b>	In a Ciabatta Bread	\$6.75
<b>Steak House Special</b>	Shaved Roast Beef On a Onion Roll with Lettuce, Roasted Red Peppers and Mayo	\$7.50
<b>Chicken Smoked Mozzarella</b>	With Lettuce, Tomato and Russian Dressing in a Ciabatta Bread	\$7.50
<b>Salsa Chicken Wrap</b>	Grilled Chicken Breast, Fire Roasted Tomato Salsa with Cheddar Cheese, Lettuce in a Wrap	\$7.50
<b>Alpine Turkey</b>	Fresh Roasted Turkey with Low fat Alpine Lace Swiss Cheese, Mustard, Lettuce and Tomato on 12 Grain Bread	\$7.50
<b>Turkey Cucumber</b>	With Lettuce and Honey Mustard in a Onion Roll	\$7.50
<b>Chicken Caesar Wrap</b>	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

## Warm Sandwich Specials

<b>Taco Beef Wrap</b>	Taco Beef with Beans, Yellow Rice, Lettuce, Tomato and Mexican Cheeses, Fresh Avocado in a Wrap	\$8.25
<b>Falafel Sandwich</b>	Falafel on a Flat Bread with Tahini, Tomato, Cucumber and Lettuce	\$7.95
<b>Chicken Parmesan</b>	Fresh Breaded Chicken Cutlet with Melted Mozzarella and Tomato Sauce on a Wedge	\$8.25
<b>My Hero</b>	Grilled Chicken with Melted Mozzarella, Lettuce, Tomato, Roasted Peppers, Mayo and Oil and Vinegar on a Hero	\$8.25

## Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

<b>Salad Toppings (extra):</b>	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

## Fruit Salad

	\$3.50 Small	\$6.75 Large
<b>Soundview Trail Mix</b>	\$2.95	
<b>Vita Water</b>	\$2.50	

<b>Fall Fever</b>	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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P: 203.324.5724

[www.davidscatering.com](http://www.davidscatering.com)

[events@davidscatering.com](mailto:events@davidscatering.com)