David's Soundview Catering

Fax: 203-**363-1524** **Tel:** 203-**363-1522**

Tuesday, March 9, 2010

Homemade Soups **Small $3.75** **Large $4.75**

Rhode Island Clam Chowder
- Chicken Minestrone Soup
- Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Our own Home made Meatballs Served with Spaghetti and our own Marinara Sauce with Sautéed Spinach and Garlic Croutons	$10.25
Big Bowl Special	Chicken Stroganoff—Sautéed Chicken Breast with White Wine, Sour Cream over White and Wild Rice Medley and Butternut Squash	$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	$8.75

Bountiful Fresh Salads

Soundview Mesclun	Grilled Chicken over Mesclun Greens with Dried Cranberries, Toasted Pine Nuts, Jicama, Crumbled Goat Cheese, Steamed Asparagus and Tomato Basil Vinaigrette	$10.25
Tropical Shrimp	Grilled Shrimp over Mesclun Greens with Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Lo Mein Noodles, Cucumber and Balsamic Vinaigrette	$10.25
Chicken Mandarin	Blackened Chicken over Romaine with Mandarin Oranges Sections, Fresh Avocado, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette	$10.25
Flaked Tuna Salad	Flaked Tuna over Romaine Lettuce with Snow Peas, Peppers, Tomato and Cucumber with Asian Sesame Ginger Dressing	$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Smoked Turkey Breast, Low Fat Alpine Lace Swiss, Mustard, Lettuce on 12 Grain	$7.50
The French Connection	Boars Head Black forest Ham with Swiss Cheese and Mustard on Pretzel Bread	$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Salt & Pepper on Rye Bread	$7.50
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread	$7.50
Turkey Cucumber	Fresh Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 12 Grain	$7.50
The All Veg Wrap	With Avocado, Carrots Pickled, Lettuce, Cucumber and Honey Mustard in a Wrap	$6.75
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	$7.50

Warm Sandwich Specials

Greek Panini	Grilled Chicken with Feta Cheese, Spinach, Roasted Red Peppers and Sundried Tomato on Grilled Tuscan Bread	$8.25
Chicken Cutlet	Freshly Breaded Chicken Breast Cutlet, Melted Pepper jack Cheese, Lettuce, Tomato, Mayo on a Roll	$8.25
Garden Burger	With Melted Alpine Lace Swiss, Lettuce, Tomato and Honey Mustard Sauce on an Onion Roll	$8.25
Smoked BBQ Chicken Wrap	Grilled Chicken with Smokey BBQ Sauce, Shredded Coleslaw and Melted Cheddar Cheese on a Wrap	$8.25

Daily Salads	**Small**	**Large**
Caesar Salad	$6.00	$7.50
Garden Salad	$6.00	$7.50

Salad Toppings (extra): Grilled Chicken $2.50, Tuna Salad $2.50, Egg Salad $2.50

Fruit Salad	$3.50 Small	$6.75 Large
Soundview Trail Mix	$2.95	
Vita Water	$2.50	

Fall Fever Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side $7.50

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