

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Thursday, March 4, 2010

Homemade Soups Small \$3.75 Large \$4.75

Sweet Potato and Red Pepper Bisque • Chicken & Rice Soup • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Jack Daniel BBQ Steak—Marinated Grilled Steak Served over Cheddar Mashed Potatoes, Sautéed Green Beans & Topped with Jack Daniel BBQ Sauce	\$10.25
Big Bowl Special	Chicken Creole—Blackened Chicken with a Classic New Orleans Spicy Tomato, Onions & Pepper sauce: served over Yellow Rice and Black Beans, and Fresh Vegetables	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Santa Fe Chicken	Blackened Chicken over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
Tropical Salad	Grilled Chicken over Romaine Lettuce, Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Toasted Almonds, Cucumber and Honey Mustard Vinaigrette	\$10.25
Country Salad	Grilled Shrimp over Mesclun, Roasted Peppers, Artichokes Hearts, Portobello Mushrooms, Sun Dried Tomato, Fresh Mozzarella, Croutons, Tomato Basil Vinaigrette	\$10.25
Chef Salad	Boars Head Turkey, Ham, Cheddar Cheese over Romaine Lettuce with Carrots, Tomato, Cucumber, Hard Boiled Egg and Russian Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Low Calorie Tuna Vinaigrette in Whole Wheat Bread with Lettuce and Tomato	\$6.75
Classic BLT	Crispy Bacon with Iceberg Lettuce, Local Grown Tomatoes, Mayo in a Toasted White Bread	\$7.25
Blackened Chicken Wrap	Blackened Chicken Breast with Fire Roasted Tomato Salsa, Brown Rice in a Wrap	\$8.25
Country Ham Sandwich	Baked Virginia Ham with Swiss Cheese and Mustard on Whole Wheat Bread	\$7.50
Home-style Chicken Salad	Fresh Chicken Salad On a Walnut Raisin Bread	\$7.50
Tuna Wrap	With Lettuce, Tomato and Onion on a Wrap	\$6.75
Roast Beef BLT	Shaved Roast Beef with Crispy Bacon, Lettuce, Tomato and Mayo on a Rye Bread	\$7.50
Turkey Pita	Fresh Roasted Turkey with Crispy Bacon, Lettuce, Tomato and Honey Mustard Sauce	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

California Wrap	Grilled Chicken Breast with Melted American Cheese, Fresh Sliced Avocado, Lettuce, Tomato and Honey Mustard Sauce on a Wrap	\$8.25
The Deli Special	Fresh Breaded Chicken Cutlet, Melted Provolone, Pesto Mayo, Hot Peppers on a Roll	\$8.25
Honey Mustard Ham	Shredded & Shaved Ham with Honey Mustard Sauce, Melted Mozzarella on a Wedge	\$8.25

Daily Salads

Caesar Salad	Small \$6.00 Large \$7.50	Fruit Salad	\$3.50 Small \$6.75 Large
Garden Salad	Small \$6.00 Large \$7.50	Soundview Trail Mix	\$2.95
Salad Toppings (extra):	Grilled Chicken \$2.50 Tuna Salad \$2.50 Egg Salad \$2.50	Vita Water	\$2.50
		Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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