

# David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Wednesday, Mar. 24, 2010

## Homemade Soups

Small \$3.75 Large \$4.75

Pork with Hominy Posole

• Cream of Broccoli Soup

• Bowl of Chili with Mexican Cheeses

## Delicious Hot Entree Specials

**Chef Special** Tropical Tilapia—Marinated Grilled Tilapia Filet Topped with Fresh Tropical Fruit Salsa and Served with Basmati Rice and Fresh Seasonal Vegetables \$10.25

**Big Bowl Special** Buffalo Chicken Tenders Served with Carrots and Celery Sticks and a Side of Bleu Cheese Dressing and Soundview's Potato Salad \$10.25

**Cliff's Diet Special** Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables \$8.75

**Grilled Chicken Quesadilla** Marinated Grilled Chicken Breast with Corn, Black Beans, Scallions & Mexican Cheese in a Flour Tortilla and Side of Sour Cream and Salsa \$8.75

## Bountiful Fresh Salads

**Soundview Mesclun** Grilled Shrimp over Mesclun Greens with Dried Cranberries, Toasted Pine Nuts, Jicama, Crumbled Goat Cheese, Steamed Asparagus and Tomato Basil Vinaigrette \$10.25

**Chef Salad** Boars Head Turkey, Ham, Cheddar Cheese over Romaine Lettuce with Carrots, Tomato, Cucumber, Hard Boiled Egg and Russian Dressing \$10.25

**Tom Salad #1** Grilled Chicken over Mesclun Greens with Black Beans, Tomato, Cucumber, and Balsamic Vinaigrette \$10.25

**Blackened Tropical Salad** Blackened Chicken over Romaine Lettuce, Fresh Mango, Grilled Pineapple, Fresh Mozzarella, Toasted Almonds, Cucumber and Honey Mustard Vinaigrette \$10.25

## Gourmet Style Sandwiches

**Low Fat Special** Boars Head Black Forest Ham & Cheddar with Mustard on Whole Wheat Bread \$7.50

**The Italian Combo** Ham, Salami, Provolone Cheese, Lettuce, Hot Peppers, Oil & Vinegar in a Baguette \$8.25

**Elm Street** Sliced Thin Grilled Boneless Breast of Chicken with Roasted Peppers, Sundried Tomato Mayo, Pepper jack Cheese on a Wedge \$7.50

**Tuna Vinaigrette** Tuna Vinaigrette in a Onion Roll with Fresh Avocado and Lettuce \$6.75

**Brie & Tomato** Double Cream Brie Cheese, Sliced Tomato with Lettuce & Russian Dressing on 12 Grain Bread \$6.75

**Turkey Cranberry** Boars Head Turkey with Cucumber, Cranberry Sauce and Lettuce on 12 Grain Bread \$7.50

**Join the Club** Fresh Roasted Turkey Breast with Crispy Bacon, Brie Cheese, Lettuce, Tomato and Mayo in a Wrap \$7.50

**CBLT** Grilled Chicken Breast with Bacon, Lettuce, Tomato and Mayo on 12 Grain \$7.50

**Roast Beef & Brie Wrap** Shaved Roast Beef with Brie Cheese, Lettuce and Mayo in a Wrap \$7.50

**Chicken Caesar Wrap** Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla \$8.25

## Warm Sandwich Specials

**It's a Wedge** Freshly Breaded Chicken Breast Cutlet with Melted Mozzarella, Lettuce, Tomato, Mayo on a Wedge \$8.25

**Ham & Brie Panini** Honey Ham with Melted Brie Cheese, Caramelized Onions and Dijon Mustard on 12 Grain Panini Bread \$8.25

**Italian Chicken Wrap** Grilled Chicken Breast with Sliced Prosciutto, Melted Provolone, Hot Peppers, Lettuce, Tomato, and Pesto Mayo on a Wrap \$8.25

**Daily Salads** Small Large **Fruit Salad** \$3.50 Small \$6.75 Large

Caesar Salad \$6.00 \$7.50 **Soundview Trail Mix** \$2.95

Garden Salad \$6.00 \$7.50 **Vita Water** \$2.50

**Salad Toppings (extra):** Grilled Chicken \$2.50 **Fall Fever** Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50  
Tuna Salad \$2.50  
Egg Salad \$2.50



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