

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Thursday, April 1, 2010

Homemade Soups

Small \$3.75 Large \$4.75

Chicken & Rice Soup • Country Vegetables Soup--Vegetarian • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Shrimp & Scallops Fra Diavolo: Jumbo Shrimp and Tender Sea Scallops with a Spicy Tomato, Chili & Cayenne Pepper Sauce Served over Gemeli Pasta and Broccoli Rabe	\$10.25
Big Bowl Special	Chicken Saltimbocca—Boneless Chicken Breast Topped with Prosciutto, Provolone Cheese with Fresh Sage Brown Sauce Served over White & Wild Rice and Sautéed Spinach	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Shrimp Santa Fe	Grilled Shrimp over Romaine Lettuce, Black Beans, Corn, Mango, Tomato, Cucumber, Avocado, Shredded Pepper Jack Cheese and Balsamic Vinaigrette	\$10.25
Summer Salad	Grilled Chicken over Mesclun Greens with Grilled Vegetables Medley, Sliced Fresh Mozzarella, Sun Dried Tomato and Tomato Basil Vinaigrette	\$10.25
Chicken Mandarin	Blackened Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette	\$10.25
David's Salad	Grilled Chicken over Romaine Lettuce, Shredded Carrots, Grape Tomatoes, Cucumber, Sliced Red Onions, Gorgonzola Cheese and David's Dijon Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Low Calorie Tuna Vinaigrette in Whole Wheat Bread with Lettuce and Tomato	\$6.75
Classic BLT	Crispy Bacon with Iceberg Lettuce, Local Grown Tomatoes, Mayo in a Toasted White Bread	\$7.25
Blackened Chicken Wrap	Blackened Chicken Breast with Fire Roasted Tomato Salsa, Brown Rice in a Wrap	\$8.25
Country Ham Sandwich	Baked Virginia Ham with Swiss Cheese and Mustard on Whole Wheat Bread	\$7.50
Home-style Chicken Salad	Fresh Chicken Salad On a Walnut Raisin Bread	\$7.50
Tuna Wrap	With Lettuce and Onion on a Wrap	\$6.75
Roast Beef BLT	Shaved Roast Beef with Crispy Bacon, Lettuce and Mayo on a Rye Bread	\$7.50
Turkey Pita	Fresh Roasted Turkey with Crispy Bacon, Lettuce, Tomato and Honey Mustard Sauce	\$7.50
Chicken Caesar Wrap	Grilled Chicken Breast and Caesar Salad Hand Tossed with our House Caesar Dressing Rolled in a Flour Tortilla	\$8.25

Warm Sandwich Specials

Chicken Parmesan	Chicken Cutlet with Melted Mozzarella and Tomato Sauce on a Wedge	\$8.25
The Italian Toast	Grilled Chicken with Provolone Cheese, Tomatoes, Baby Spinach and Drizzled with Balsamic Vinegar on a Grilled Tuscan Bread Panini	\$8.25
Mexican Steak Wrap	Grilled Steak with Fresh Guacamole, Sautéed Onions and Peppers, Black Bean, Melted Jack Cheese and Jalapenos in a Wrap	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix

\$2.95

Vita Water

\$2.50

Salad Toppings (extra):

Grilled Chicken \$2.50
Tuna Salad \$2.50
Egg Salad \$2.50

Fall Fever

Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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