

David's Soundview Catering

Tuesday, Feb. 23, 2010

Fax: 203-363-1524 Tel: 203-363-1522

Homemade Soups Small \$3.75 Large \$4.75

David's Harvest Seafood Chowder • Chicken Minestrone Soup • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Emeril's Spicy Meatloaf Topped with Chipotle Pepper Sauce Served with Mashed Potatoes and Fresh Seasonal Vegetables	\$10.25
Big Bowl Special	Chicken Souvlaki with Tzatziki—(Greek Tradition) Marinated Grilled Boneless Breast of Chicken with Tzatziki Shredded Lettuce and Tomatoes, Sautéed Onions in a Grilled Greek Pita Bread and Served with a Side of Greek Salad	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Mesclun Feta Salad	Grilled Shrimp over Mesclun Greens, Sliced Pear and Apples, Tomato, Cucumber, Crumbled Feta Cheese, Pine Nuts and Tomato Basil Vinaigrette	\$10.25
Southern Ranch Salad	Blackened Chicken over Romaine Lettuce, Tomato, Cucumber, Crushed Baked Tortilla Chips, Fresh Avocado, Shredded Cheddar Cheese and Ranch Dressing	\$10.25
Walnut Blue Salad	Grilled Chicken over Mesclun Greens with Toasted Walnuts, Dried Cranberries, Fresh Cucumber, Crumbled Bleu Cheese and Honey Mustard Vinaigrette	\$10.25
Garden Tuna Salad	Fresh Tuna Salad over Romaine Lettuce with Tomato, Cucumber, Shredded Carrots, Fresh Peppers and Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Smoked Turkey Breast, Low Fat Alpine Lace Swiss, Mustard, Lettuce, Tomato on 12 Grain	\$7.50
Ham & Swiss	Boars Head Black forest Ham with Mustard on Pretzel Bread	\$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Tomato, Salt & Pepper on Rye Bread	\$7.50
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	\$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry on Cranberry Nut Bread	\$7.50
Turkey Cucumber	Fresh Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard on 12 Grain	\$7.50
The All Veg Wrap	With Avocado, Carrots, Pickles, Lettuce, Tomato, Cucumber and Honey Mustard in a Wrap	\$6.75
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

Soundview Wrap	Grilled Chicken with Baby Spinach, Melted Fresh Mozzarella, Roasted Peppers, Sun Dried Tomato, Lemon Herb Mayo on a Whole Wheat Wrap	\$8.25
Garden Burger	Vegetarian Burger with Melted Alpine Lace Swiss, Lettuce, Tomato and Honey Mustard Sauce on a Wrap	\$8.25
Chicken Parmesan	Fresh Breaded Chicken Cutlet with Melted Mozzarella Cheese and Tomato Sauce on a Wedge	\$8.25
Grilled Pastrami	Lean Pastrami Piled High with Melted Swiss Cheese and Spicy Mustard on Rye Bread	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

	\$3.50 Small	\$6.75 Large
Soundview Trail Mix	\$2.95	
Vita Water	\$2.50	

Salad Toppings (extra):	Grilled Chicken \$2.50
	Tuna Salad \$2.50
	Egg Salad \$2.50

Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
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