

David's Soundview Catering

Fax: 203-363-1524 Tel: 203-363-1522

Tuesday, Feb. 16, 2010

Homemade Soups

Small \$3.75 Large \$4.75

Beef Noodle Soup

• Chicken Tuscan with Beans

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Smoked Chili Peppers Rubbed Pork Loin Served over Rice & Beans and Fresh Vegetables	\$10.25
Big Bowl Special	Sautéed Boneless Breast of Chicken with Wild Mushrooms, Sundried Tomato Topped with Basil Cream Sauce and Served with White & Wild Rice and Fresh Vegetables	\$10.25
Cliff's Diet Special	Grilled Boneless Breast of Chicken Choice of Herb Grilled, Teriyaki or Blackened Served with Brown Rice and Fresh Seasonal Vegetables	\$8.75

Bountiful Fresh Salads

Ranch Taco Salad	Grilled Chicken Breast over Romaine Lettuce, Crushed Baked Tortilla Chips, Fresh Avocado, Shredded Cheddar Cheese, Tomato, Cucumber and Ranch Dressing	\$10.25
The Islander	Blackened Chicken over Romaine with Sliced Mango, Grilled Pineapple, Tomato, Fresh Peppers, Cucumber, Caramelized Pecans and Honey Mustard Vinaigrette	\$10.25
Mango Pecan Salad	Grilled Shrimp over Mesclun Greens, Fresh Sliced Mango, Caramelized Pecans, Fresh Mozzarella Cheese, Cucumber and Balsamic Vinaigrette	\$10.25
Spinach & Gouda Salad	Grilled Chicken over Baby Spinach, Shaved Smoked Gouda Cheese, Bacon, Tomato, Cucumber, Shredded Carrots and Tomato Basil Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Smoked Turkey Breast, Low Fat Alpine Lace Swiss, Mustard, Lettuce, Tomato on 12 Grain	\$7.50
Ham & Swiss	Boars Head Black forest Ham with Mustard on Pretzel Bread	\$7.50
The Maz Special	Marinated Grilled Chicken Breast Sliced Thin with Sliced Dill Pickles, Mustard, Lettuce, Tomato, Salt & Pepper on a Rye Bread	\$7.50
Turkey Club	Classic Triple Decker, Crispy Bacon, Lettuce, Tomato, Mayo on White Toast	\$7.50
Waldorf Chicken Salad	Fresh Chicken Salad with Apple, Pecan, Grapes and Cranberry in a Cranberry Nut Bread	\$7.50
Turkey Cucumber	Fresh Roasted Turkey Breast with Cucumber, Lettuce & Honey Mustard in 12 Grain	\$7.50
The All Veg Wrap	With Avocado, Carrots Pickled, Lettuce, Tomato, Cucumber and Honey Mustard in a Wrap	\$6.75
Blackened Chicken Caesar Wrap	Blackened Chicken Breast and Caesar Salad Tossed in our House Caesar Dressing in a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey Breast with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

Chicken Parmesan	Fresh Breaded Chicken Cutlet with Melted Mozzarella Cheese and Tomato Sauce on a Wedge	\$8.25
Soundview Baguette	Grilled Chicken with Baby Spinach, Melted Fresh Mozzarella, Roasted Peppers, Sundried Tomato, Lemon Herb Mayo on a Baguette	\$8.25
Turkey Pesto	Turkey, Roasted Red Peppers, Tomato, Melted Provolone and Pesto Sauce in a Ciabatta Bread	\$8.25
Steak & Cheese	Shaved Hot Freshly Roasted Beef, Melted Swiss Cheese, Sautéed Onions and Peppers on a Wedge	\$8.25

Daily Salads

	Small	Large	Fruit Salad	\$3.50 Small	\$6.75 Large
Caesar Salad	\$6.00	\$7.50	Soundview Trail Mix	\$2.95	
Garden Salad	\$6.00	\$7.50	Vita Water	\$2.50	
Salad Toppings (extra):	Grilled Chicken \$2.50		Fall Fever	Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side	\$7.50
	Tuna Salad \$2.50				
	Egg Salad \$2.50				



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