

David's Soundview Catering

Wednesday, Jan. 27, 2010

Fax: 203-363-1524 Tel: 203-363-1522

Homemade Soups

Small \$3.75

Large \$4.75

Roasted Red Pepper Bisque

• Beef Tortilla Soup

• Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Grilled Marinated Atlantic Salmon Filet Served over Steamed White Rice, Fresh Vegetables and Topped with Soundview's Mango Salsa	\$10.25
Big Bowl Special	Chicken Marsala—Boneless Chicken Breast Served with Buttered Noodles, Sautéed Broccoli, Mushroom and Topped with Sweet Marsala Sauce	\$10.25
Cliff's Diet Special	Teriyaki, Grilled or Blackened Chicken, Brown Rice and Fresh Vegetables	\$8.75
Mexican Steak Quesadilla	Mexican Grilled Steak with Corn, Black Beans, Scallions & Mexican Cheese in a Flour Tortilla and Side of Sour Cream and Salsa	\$8.75

Bountiful Fresh Salads

Walnut Blue Salad	Grilled Chicken over Mesclun Greens with Toasted Walnuts, Dried Cranberries, Fresh Cucumber, Crumbled Bleu Cheese and Honey Mustard Vinaigrette	\$10.25
Romaine Salad	Blackened Chicken over Romaine with Chick Peas, Carrots, Corn, Green Peas, Dried Cranberries, Gorgonzola, Fresh Peppers and Balsamic Vinaigrette	\$10.25
Country Salad	Grilled Shrimp over Mesclun, Roasted Peppers, Artichokes Hearts, Portobello Mushrooms, Sun Dried Tomato, Fresh Mozzarella, Croutons, Tomato Basil Vinaigrette	\$10.25
The Sicilian Caesar	Grilled Chicken over Romaine with Sweet & Hot Peppers, Olives, Portobello Mushrooms, Roasted Tomato, Parmesan Cheese, Croutons and Caesar Dressing	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Ham & Cheddar with Mustard on Whole Wheat Bread	\$7.50
Italian Combo	Ham, Salami, Provolone Cheese, Lettuce, Tomato, Hot Peppers, Oil & Vinegar in a Baguette	\$8.25
California Roll up	Sliced Grilled Chicken with Fresh Avocado, Bacon, Tomato and Mayo in a Wrap	\$7.50
Tuna Vinaigrette	Tuna Vinaigrette in a Onion Roll with Lettuce, Tomato and Fresh Avocado	\$6.75
Healthy Pita	Boars Head Deluxe Low Sodium Ham on Whole Wheat Pita with Lettuce, Tomato and Mustard	\$7.50
Steve Roast Beef	On Rye Bread with Onion, Lettuce and Mayo	\$7.50
All Veg	In a Tuscan Bread with Honey Mustard Sauce	\$6.75
Turkey Pesto	With Lettuce, Tomato and Pesto Sauce on a Basil Foccacia	\$7.50
CBLT	Grilled Chicken, Bacon, Lettuce, Tomato and Mayo on 12 Grain	\$7.50
Chicken Caesar Wrap	Grilled Chicken Caesar Salad on a Wrap	\$8.25

Warm Sandwich Specials

BBQ Chicken	Grilled Chicken with BBQ Sauce and Melted Cheddar Cheese on a Wedge	\$8.25
Chicken Parmesan	Chicken Cutlet with Melted Mozzarella Cheese and Tomato Sauce on a Wedge	\$8.25
Turkey Cheddar Wrap	Fresh Turkey with Bacon, Melted Cheddar and Honey Mustard Sauce in a Wrap	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix \$2.95

Vita Water \$2.50

Salad Toppings (extra): Grilled Chicken \$2.50
Tuna Salad \$2.50
Egg Salad \$2.50

Fall Fever Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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