

David's Soundview Catering

Tuesday, January 26, 2010

Fax: 203-363-1524 Tel: 203-363-1522

Homemade Soups

Small \$3.75

Large \$4.75

Lobster & Corn Chowder

• Tuscan Chicken with Bean Soup • Bowl of Chili with Mexican Cheeses

Delicious Hot Entree Specials

Chef Special	Steak au Poivre—Grilled Sirloin Tips Served with Mashed Potatoes, Fresh Vegetables and Topped with our Classic Au Poivre Sauce	\$10.25
Big Bowl Special	Cilantro & Lime Marinated Grilled Chicken Breast Served over Steamed White Rice, Fresh Vegetables and Topped with Roasted Corn Salsa	\$10.25
Cliff's Diet Special	Teriyaki, Grilled or Blackened Chicken, Brown Rice and Fresh Vegetables	\$8.75

Bountiful Fresh Salads

Chicken Mandarin	Blackened Chicken, Mesclun Greens, Mandarin Oranges Sections, Fresh Avocado, Sliced Red Onions, Cucumber, Toasted Almonds and Honey Mustard Vinaigrette	\$10.25
David's Salad	Grilled Chicken over Romaine Lettuce, Shredded Carrots, Grape Tomatoes, Cucumber, Sliced Red Onions, Gorgonzola Cheese and David's Dijon Balsamic Vinaigrette	\$10.25
Shrimp Cobb Salad	Grilled Shrimp over Baby Spinach, Crumbled Blue Cheese, Tomato, Crumbled Bacon, Cucumber, Fresh Avocado, Hard Boiled Eggs and Tomato Basil Vinaigrette	\$10.25
The Islander	Grilled Chicken over Romaine with Sliced Mango, Grilled Pineapple, Tomato, Fresh Peppers, Cucumber, Caramelized Pecans and Balsamic Vinaigrette	\$10.25

Gourmet Style Sandwiches

Low Fat Special	Boars Head Honey Maple Turkey, Alpine Lace Swiss, Mustard, Lettuce, Tomato on 12 Grain	\$7.50
Ham & Swiss	On Rye Bread with Mustard	\$7.50
Soundview's Best	Grilled Chicken with Lettuce, Tomato and Honey Mustard Sauce on 12 Grain	\$7.50
Turkey Club	On White Toast	\$7.50
Waldorf Chicken Salad	With Apple, Pecan, Grapes and Cranberry in Cranberry Nut Bread	\$7.50
Turkey Cucumber	On 12 Grain with Lettuce & Honey Mustard Sauce	\$7.50
Dill Havarti	On 12 Grain with Lettuce, Tomato, Cucumber and Honey Mustard Sauce	\$6.75
Blackened Chicken Caesar Wrap	Caesar Salad with Blackened Chicken on a Wrap	\$8.25
Oven Gold Turkey	Boars Head Oven Gold Turkey with Mustard on Rye Bread	\$7.50

Warm Sandwich Specials

California Wrap	Grilled Chicken with Melted American Cheese, Fresh Sliced Avocado, Lettuce, Tomato and Honey Mustard Sauce on a Wrap	\$8.25
Honey Mustard Ham	Shredded & Shaved Ham with Honey Mustard Sauce, Melted Mozzarella on a Wedge	\$8.25
David's Panini	Sliced Grilled Chicken Breast with Fresh Mozzarella, Tomato, Spinach, Parmesan Cheese and Balsamic Drizzle on a Grilled Tuscan Bread	\$8.25
Chicken Ranch	Chicken Cutlet, Lettuce, Tomato, Crispy Bacon, Ranch Dressing on a Roll	\$8.25

Daily Salads

	Small	Large
Caesar Salad	\$6.00	\$7.50
Garden Salad	\$6.00	\$7.50

Fruit Salad

\$3.50 Small \$6.75 Large

Soundview Trail Mix \$2.95

Vita Water \$2.50

Salad Toppings (extra): Grilled Chicken \$2.50
Tuna Salad \$2.50
Egg Salad \$2.50

Fall Fever Fresh Fruit Topped with Low fat Yogurt or Cottage Cheese with Granola on side \$7.50



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